



Golisano Children's Hospital Named Most Beautiful In The U.S.



Golisano Children's Hospital of Southwest Florida

photos provided

Soliant, a leading specialty health care staffing provider and part of the Adecco Group, has named Golisano Children's Hospital of Southwest Florida as Soliant's Most Beautiful Hospital in the U.S. for 2018, according to Lee Health officials.

Golisano Children's Hospital was selected as the 2018 winner after more than 250,000 votes were cast nationally. The hospital treats more than 25,000 patients annually and is the only accredited children's hospital between Tampa and Miami. Golisano Children's



Emergency Care at Golisano Children's Hospital

Hospital opened its new facility in 2017, and currently contains 128 patient beds in rooms designed to help patients and their families feel at home.

"The community came together to make Golisano Children's Hospital of Southwest Florida a reality, and we are humbled to receive this national honor," said Armando Llechu, chief administrative officer of Golisano Children's Hospital. "This would not have been possible without the support

of our entire staff who work tirelessly to create an environment where the children and their families can feel at home. Thank you to Soliant for the incredible honor, and we look forward to hosting a community-wide celebration in our garden in the coming weeks."

"As a hospital continuously recognized for its clinical excellence, this year's winner has set the bar for hospitals across the nation," said David

continued on page 15



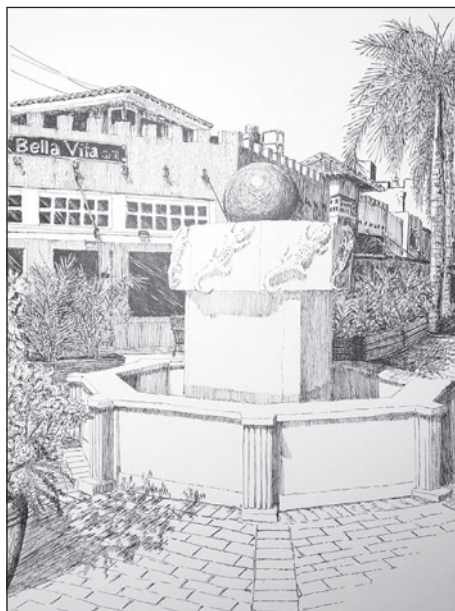
Artwork by Tom Breckenridge

images provided

Meet The Artists At Opening Reception

Arts for ACT Gallery will host an opening reception and a meet-the-artist session for artists Tom Breckenridge, Michael Klein and over 25 cooperative artists during Art Walk on Friday, August 3 from 6 to 10 p.m.

This month, ACT Gallery will feature Breckenridge with new original works and



Artwork by Michael Klein

prints in the Main Gallery. In the White Gallery, Klein, a pen and ink artist, will show scenes from downtown Fort Myers.

Breckenridge was born in 1966 in Keosauqua, Iowa but he grew up in the Fort Lauderdale area. Immediately after high school, he went into the U.S. Marine Corps. His art styles reflect his travels to 17 countries and five continents. He also

continued on page 17

Abstract Group Exhibit Opens Next Week At Davis Art Center

This August, four diverse artists will come together for a group art show, entitled Abstracted, at the Sidney & Berne Davis Art Center. Opening during Art Walk on Friday, August 3 from 6 to 10 p.m., the exhibit in the Grand Atrium features the works of Karen Gozzo Nolan, Michael Pohlman, Jeffrey Scott Lewis and Yvonne Krystman. Each artist contributed works that exemplify the abstract, yet evoke powerful emotions.

The word "abstract" refers to something that exists as an idea or concept, but has no concrete meaning or physical representation. For this show, the artists had the unique challenge of creating meaning out of something seemingly meaningless. Through shape, line, texture and color, each artist brings their own interpretation of the abstract to the exhibition. For some, the translation is gritty, cold and harsh and, for others, it's warm, soft and peaceful.

For Pohlman, the abstract means "taking something familiar and placing it in an unfamiliar setting." In his work, this can be seen in the clash between color and shape: soft, warm circles intermingling with harsh, jagged lines. Each artist brings their own perspective to this group show, which can only be properly experienced in person. There is no charge to view the exhibit, which closes on August 28 at 5 p.m.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. Visit www.sbdac.com for more information.✧



The Ecstasy of Rejection by Jeffrey Scott Lewis

image provided

Historic Downtown Fort Myers, Then And Now:

Royal Palm Pharmacy's Long Run



by Gerri Reaves, PhD

This interior photo of the Royal Palm Pharmacy soda fountain and lunch counter takes us back to the golden days of drug stores.

The photo is undated, but evidence suggests circa 1950.

Note the fancy round-back chrome dinette chairs and vinyl-upholstered booths, not to mention the well-stocked lunch counter along the back wall.

The Royal Palm was one of the more popular and long-lived of downtown's many mid-20th century drug stores.

The distinctive palm tree sign made it easy to find on First Street in the Earnhardt Building.

Until the advent of the impersonal – and ubiquitous – “big-box” drug store chains, drug stores were destinations in themselves, not just places to fill prescriptions or make a purchase and leave immediately.

At an old-fashioned drug store, you could just hang out, meet friends for lunch, read a magazine, or peruse a wide variety of merchandise, from cosmetics, wallets and perfumes to boxed candy, paperbacks and costume jewelry.

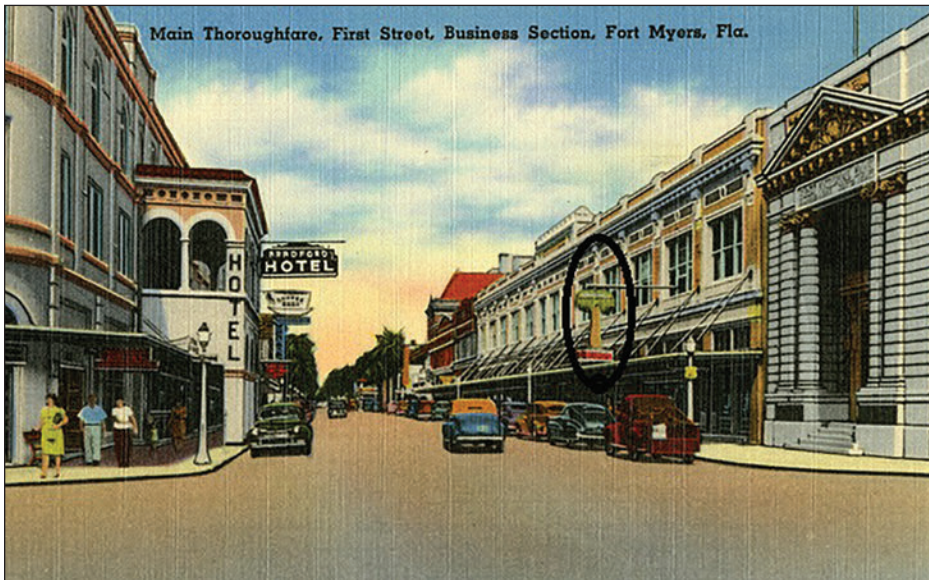
The famed Royal Palm opened on May 1, 1920, advertising as “Fort Myers’ newest drug store” and establishing the motto “sudden service.”

It was owned and operated by pharmacist Richard “RQ” Richards, Sr., who is perhaps best remembered for luring the first major league team to Fort Myers for spring training.

In April 1922, he organized the Kiwanis Club and became its first president. As the head of the club’s baseball committee, he signed Connie Mack’s Philadelphia Athletics in 1924.

The store was not only a gathering place for the professional team but was also Mack’s informal office.

For decades, the business was especially popular with teenagers and business



That palm tree sign (within oval) in this 1940s photo marks the location of the Royal Palm Pharmacy in the Earnhardt Building on First Street. It opened there in 1920 and remained for 52 years.

photo courtesy Florida State Archives



This undated photo of the busy Royal Palm Pharmacy evokes a time when drug stores were a place to socialize, meet for lunch, or buy a variety of merchandise besides prescriptions. The store was especially popular with teenagers, some of whom walked there during their school lunch time.

photo courtesy IMAG History & Science Center

people.

It did atypical things, such as giving free concerts from the balcony at the rear of the store when big-name bands came to town.

In the store’s early days, it functioned somewhat like a drive-in, providing curb service to teenagers in cars parked on First Street.

In his book, *One Man’s Family in Early Fort Myers (1898-1945)*, John Woolslair “Johnny” Sheppard explains why downtown could support so many drugstores, all with fountains or lunch counters, in the 1920s through the 1940s.

Not only were the junior high and high schools located a short walk from the drugstores, but neither had cafeterias with food service.

Students brought their own lunches to school or walked downtown for an egg salad sandwich, grilled cheese, ice cream soda, or other drugstore delight.

The schools even staggered the lunch hours so the many drug stores could handle the onslaught of business.

The classic drug store’s run concluded in June 1972, when it closed after 52 years in the Earnhardt Building.

The removal sale ads stated that everything in the store except prescriptions and tobacco was 25 percent off.

Richards had died in 1968, but the store was still in the family, owned by his three sons.

They moved only the prescription business a block and a half away to the 1923 Richards Professional Building on Hendry Street (formerly known as the Pythian Building).

Their father had bought that building in 1945 and opened a prescription and clinical laboratory there.

So at least a part of the famed drug store lived on as Richards Prescriptions, a prescription and medical supply business.

Walk down First Street to the former location of the historic Royal Palm Pharmacy and imagine when it was but one of half a dozen downtown.

Then visit the following two research centers to learn more about influential Fort Myers businesses.

continued on page 8

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Actors portraying Simon and Garfunkel on stage

photo provided

Hit Theater Show About Folk-Rock Duo This Fall

The internationally acclaimed hit theater show *The Simon & Garfunkel Story* will play in more than 35 U.S. cities from coast to coast, including Fort Myers at Barbara B. Mann Performing Arts Hall on October 29.

The immersive concert-style theater show chronicles the amazing journey shared by the folk-rock duo, Paul Simon and Art Garfunkel. It tells the story from their humble beginnings as Tom & Jerry to their incredible success as one of the best-selling music groups of the '60s to their dramatic split in 1970. It culminates with the famous The Concert in Central Park reunion in 1981 with more than half a million fans in attendance.

Using huge projection photos and

original film footage, the show also features a full live band performing all of the hits, including *Mrs. Robinson* (featured in the 1967 film *The Graduate*), *Cecilia*, *Bridge Over Troubled Water*, *Homeward Bound* and many more.

With more than 100 million album sales since 1965, Simon and Garfunkel's perfect harmonies and songs that poignantly captured the times made them one of the most successful folk-rock duos of all time. Over the years, they captured 10 Grammy Awards and were inducted into the Rock and Roll Hall of Fame in 1990. In 1977, their *Bridge Over Troubled Water* album was nominated at the 1977 Brit Awards for Best International Album. In 2003, Simon and Garfunkel were awarded a Grammy Lifetime Achievement Award and the following year saw their *The Sound of Silence* awarded a Grammy Hall of Fame Award.

For more information and tickets, visit www.thesimonandgarfunkelstory.com.✱

Local Talent Search Launched By Record Label

Creative Minds Records (CMR), a Florida-based indie record label, is hosting a talent search open to vocalists and vocal groups of all ages. The CMR Talent Search will be at the Broadway Palm Dinner Theatre in Fort Myers on September 18 at 7 p.m.

The Talent Search spotlights Southwest Florida's aspiring artists and provides them with a stage to showcase their unique singing and songwriting capabilities in the genres of country, pop, rock, blues and R&B. At the end of the show, the talent management team at CMR will select one winner to receive a \$2,500 cash prize and the chance to sign a record deal that includes worldwide marketing and distribution.

"CMR is all about building relationships with the most talented and versatile singers and entertainers in Southwest Florida," says Teresa Zepceveski, owner of Creative Minds Records. "Every voice deserves to be heard and discovery should be about your personal abilities, not about who you know."

Individuals and groups can register at no cost and must pre-register and submit material for consideration at www.cmrtalentsearch.com. Questions can be answered by calling 980-5674. Submissions must be entered by midnight on September 8. CMR executives will screen all submissions a week before, and artists selected to participate in the event will be notified prior to September 11. Free submissions are made possible by generous sponsors.

CMR Talent Search is open to the public at a cost of \$10 per ticket, and doors open at 6:30 p.m. A special invited guest will be giving a surprise performance after the winner is announced to close the show. Tickets, VIP passes, VIP tables and sponsorships packages are all available online and at the door. Fundraising efforts will benefit The Lewis P. Tabarrini Children's Music Outreach Foundation. For more information, visit www.tabarrinifoundation.org.

All participants under age 18 must have a parent or legal guardian sign off on entry.

The Broadway Palm Theatre is located in Royal Palm Square at 1380 Colonial Boulevard in Fort Myers. For more information, visit www.cmrtalentsearch.com.✱

Fresh Indie Films, Celebrity Judges Return For TGIM

Indie movie buffs are anticipating the return of Thank God for Indie Movie Mondays (TGIM) at the Sidney & Berne Davis Art Center. The 2018-19 season begins Monday, August 6 with doors opening at 6:30 p.m. and films beginning at 7 p.m.

See the first films submitted for selection and help decide which ones make it to the 2019 Fort Myers Film Festival (FMFF). Tickets are \$10 for adults and \$8 for seniors and students. Wendy Chase, Justin Verley and Kinfa Moroti will be the cenerity judges. Eric Raddatz and Melissa Tschari DeHaven are the co-hosts.

Each indie film to view comes from a different writer and director. This makes for a truly eclectic line-up of original filmmaking. Enjoy cocktails, live entertainment during intermission and judges' comments on the films all evening long.

Get a look at how the Fort Myers Film Festival views submissions for independent films and participate in the selection process. Have a say whether or not they should make final programming.

Come out and see short indie films submitted to the Fort Myers Film Festival every first Monday of the month in season at TGIM. The Fort Myers Film Festival is an independent filmmaker's preferred event to create, unite and showcase the finest artistic cinematic



image provided


works. FMFF is celebrating nearly a decade of the finest indie films on the planet. For submission, volunteer and sponsorship opportunities contact eric@fortmyersfilmfestival.com.

The Fort Myers Film Festival's 9th annual festival will be held in April 2019 at the Barbara B. Mann Performing Arts Hall, Sidney & Berne Davis Art Center, Alliance for the Arts, Broadway Palm Dinner Theatre, Library and Imaginarium with parties and dinners at Twisted Vine Bistro, Firestone and other select venues.

The Sidney & Berne Davis Art Center is located at 2301 First St. in the historic downtown Fort Myers River District. Call 333-1933 or visit www.sbdac.com for more information.✱

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A bowler at a previous Bowl-A-Thon fundraiser

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Bowl-A-Thon Benefit August 29

A fundraising event to support student programs on financial literacy, work readiness and entrepreneurship is nearing. Junior Achievement of Southwest Florida is inviting all bowling enthusiasts and beginners to its 7th annual Bowl-A-Thon fundraiser at HeadPinz Entertainment Center on Wednesday, August 29 from 6 to 8:30 p.m. It's time to start figuring out which of your friends and co-workers can throw

a hook, hit the 7 to 10 split and knows how to score a turkey. Bowl-A-Thon is led by event chair, Taylor Loethen of Scott Fischer Enterprises. The annual social event creates an opportunity for colleagues, friends, neighbors and families to spend an evening together at the bowling alley while raising funds for Junior Achievement's vast offering of business-oriented programs for local students. Participants are being challenged to raise at least \$750 for a six-member bowling team. Each individual will receive a team T-shirt, food and drinks, two adult beverages, bowling shoes

rental and lane rental. Bowl-A-Thon sponsors include Arthrex, Inc. and Entech as gold level sponsors and Data Ninjas as a silver level sponsor. Additional opportunities are still available for title (\$3,000), gold (\$2,000) and silver (\$1,000) sponsorship levels. Proceeds from the Bowl-A-Thon will be used to provide work readiness

programs, entrepreneurship guidance and financial literacy programs to more than 11,000 area students. HeadPinz Entertainment Center is located at 14513 Global Parkway in Fort Myers. For more information, visit www.jaswfl.org, call 225-2590 or email Stephanie Hoffman at shoffman@jaswfl.org.

Partnership To Illuminate Weather Wonders

The IMAG History & Science Center and NBC2 have partnered to collaborate on a number of projects that align with their mutual expertise. The partnership will include but is not limited to the NBC2 Weather Studio Exhibit, live educational programs, the upcoming Science on a Sphere (SOS), co-hosted events and cross promotions. Visitors will have the opportunity to pose in front of a green-screen in the new NBC2 Weather Studio as they share the latest forecast. They can view themselves on a large monitor displaying a weather map just as if they were on television. Surrounding the exhibit will be various weather forecasting tools and equipment for guests to use and examine, gaining a better understanding of how weather professionals prepare forecasts. As a collaborative partner, NBC2 will provide educational materials for use in the upcoming SOS programming at the IMAG. SOS is a room-sized, global display system that uses computers and video projectors to display planetary data and animated images of atmospheric storms, climate change and ocean temperatures on a six-foot diameter sphere. Researchers at the National Oceanic and Atmospheric Administration (NOAA) developed SOS to educate people of all ages about Earth System science. This system is slated for installment later this year.

"This collaboration will provide exciting new experiences for visitors and is in direct alignment with our mission and vision at the IMAG," said executive director Matt Johnson. "As leaders in weather forecasting, NBC2 will share its knowledge, passion and expertise in a science that is relevant to the citizens of Southwest Florida on a daily basis. There will be opportunities for their talented

weather professionals to speak directly to students in our educational programs, as well as to our daily guests," said Johnson. The partnership will officially launch August 11 at the 2018 IMAG Community Day celebration, featuring a hurricane preparedness seminar presented by NBC2. IMAG History and Science Center is a family-friendly destination offering fun interactive exhibits, an aquarium, history displays and a 3D theater. The mission is to engage guests in the exploration of science, technology, engineering and math (STEM), and the history of Southwest Florida. This is achieved through hands-on experiences and educational programs that further the understanding of the natural and human-made world, and foster an appreciation for the unique environment, natural waterways and rich history of Southwest Florida. For more information, visit www.theimag.org or drop by 2000 Cranford Avenue in Fort Myers.

Home Dedication In Habitat Neighborhood

Habitat for Humanity of Lee & Hendry Counties recently unveiled the new FineMark Village neighborhood sign and celebrated the final home dedication in FineMark Village, a Habitat neighborhood consisting of 11 new homes. The event began with the new FineMark Village neighborhood sign unveiling and was followed with the home dedication at 15271 Codie Street. Those in attendance were local community leaders, including Joe Catti, Jessica Stilwell Catti, Harlan Parrish, and Robert Arnall from FineMark National Bank & Trust; Habitat's

continued on page 14

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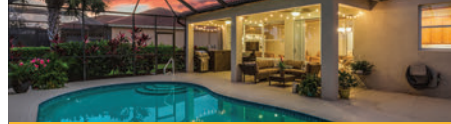
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Fort Myers Art:

Fort Myers Mural Depicts Historic Pleasure Pier



by Tom Hall
The Fort Myers Mural Society has completed a new mural in downtown Fort Myers. Titled *Diversity at the Pier*, the mural is located at 2400 First Street (bordering the Fort Myers Regional

Library) in the heart of the downtown Fort Myers River District.

Six months in the making, the mural depicts three present-day women gazing at the legendary Pleasure Pier, which was built by city officials in 1927 at the tail end of the real estate boom that more than doubled the size of the Fort Myers. Located at the end of Carson Street in Evans Park (now Centennial Park), the 700-foot pier included a public swimming pool and a two-story Moorish-style public auditorium known as the Pleasure Palace that was the site of meetings, lectures, dances and socials for a decade and a half. However, the pier’s wood pilings rotted over time, and it became so rickety that locals derisively nicknamed the structure Fort Myers’ White Elephant.

The pier was demolished in 1943, but not before the second floor of the auditorium was detached, barged upriver in two sections and placed in Waterfront Park on Edwards Drive, where it served as a USO Center for air men and gunners being trained at the Buckingham and Page Army Air Fields. In 1965, the chamber of commerce converted the facility into a tourist center known as The Hall of 50 States. Today, the building is boarded up, awaiting news of its fate.

The mural was rendered by visual artist Richard Bravo, who received his training in the arts at New York University and the Fashion Institute of Technology. Originally from New York, Bravo relocated to Southwest Florida a decade ago and has



Downtown Fort Myers’ new mural, *Diversity at the Pier*, can be viewed at 2400 First Street

image courtesy www.artswfl.com

watched Fort Myers evolve into an arts and cultural district that rivals cities of similar size throughout the country.

“As I was sitting in the plaza outside the library making my preliminary sketches, I was taken by the diversity of the people who live, work and visit downtown Fort Myers,” said Bravo of his inspiration for the mural. “I was also mindful of the great strides women have taken locally, not only in arts and culture, but in business, health and the leisure and hospitality industry. To pay homage to both, I included three women of different ethnicities to represent our future meeting our past.”

Bravo’s observation serves as a reminder that Fort Myers was born in diversity. Of the eight pioneers who settled the town between February of 1866 and Christmas of 1867, two were Hispanic (Manuel A. Gonzalez and Joe Vivas), one hailed from the Bahamas (Evalina Gonzalez) and a fourth was black (Nelson Tillis). In addition, women would play a pivotal role in helping convert the burg

from a rough-and-tumble cow town in the last third of the 1800s into a center of commerce and tourism during the early years of the 20th century.

The wall space for the new mural was donated to the Fort Myers Mural Society by Florentine Holding Company. A private development and investment company, Florentine has spearheaded entitlement projects in redevelopment zones, and received industry awards for best commercial development projects. Florentine’s involvement in the mural project reflects its recognition of the diversity of the town’s residents and visitors, their collective creativity and Fort Myers’ position as a cultural hub.

Heritage tourism is a vital and growing segment of the nation’s tourism industry and continues to play an integral role in revitalizing downtown Fort Myers, where many of the buildings built between 1900 and the 1920s are still standing today.

Funds for the Pleasure Pier Mural Project were provided by Pushing Daizies,

a non-profit Floridian cultural collective, and a grant from the Lee County Visitor & Convention Bureau, together with donations raised by the Fort Myers Mural Society through its annual Art Stumble event. The mural society has been working since 2013 to realize its vision of artistic identity and cultural richness in Fort Myers, relying on corporate sponsors, grant and private funding as well as public participation and community involvement, to celebrate the art, history, environment and cultural richness of Fort Myers while increasing the charm and character of our city for residents and visitors alike.

Diversity at the Pier is the Mural Society’s second mural.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✽

Mound House Kayak Tours

There will be two kayak trips offered in the following days from the Mound House on Fort Myers Beach.

On Wednesday, August 1, take part in a Family Fun Kayak Tour. Interested participants can meet at the Mound House at 9 a.m. for the tour designed especially for parents and their children ages 6 and older. Look for wildlife including birds, dolphins, and manatees as you cruise through the mangroves in the Estero Bay. This trip is great for children and first-time kayakers with instruction on land before heading out on the water at an easy, relaxed pace.

Cost is \$15 for ages 6 to 12 and \$25 for ages 13 and older. All paddling equipment is provided. The tour is weather permitting. There is a maximum of 12

paddlers per tour. Reservations required by calling 765-0865.

On Friday, August 3, there will be a Sunrise Kayak Tour scheduled for 6:30 a.m. This new tour will allow participants to catch a beautiful sunrise on Estero Bay. Participants will explore tidal creeks and winding mangrove tunnels extending into the hidden backwaters of Estero Bay as only a kayaker can. This unique tour offers rare opportunity to experience the abundant life within the estuary at first light.

Cost is \$45 per person; members \$15. All paddling equipment is provided. The tour is weather permitting. There is a maximum of 12 paddlers per tour. Reservations required by calling 765-0865. The tour will also be conducted on Saturday, August 11.

The Mound House is located at 451 Connecticut Street on Fort Myers Beach. For more information, visit www.moundhouse.org or call 765-0865.✽



Sunrise over Estero Bay is the main attraction of a new kayak trip launching from the grounds of the Mound House on August 3 and August 11 photo provided

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Along The River

The Heights Foundation/The Heights Center's annual **outreach program that provides backpacks and school supplies** for nearly 500 low-income children living in the Harlem Heights neighborhood will be held this Saturday, July 28 from 10 a.m. until noon at **The Heights Center**.

The Heights Foundation/The Heights Center is seeking individuals, businesses, churches and organizations to provide school supplies and volunteer. The center has a wish list that includes new and durable backpacks, three ring binders, highlighters, paper, USB flash drives, scissors, folders, crayons, pencils, glue sticks, markers, paper and notebooks.

Individuals, businesses, churches or organizations interested in donating or volunteering can contact Melissa Barlow at 482-7706 or melissa@heightsfoundation.org. All donations are tax deductible. Monetary donations can be made at www.heightsfoundation.org/donate.

The Heights Center is located at 15570 Hagie Drive in Fort Myers.

The 16th annual **Kenny Condaris Blood and Bone Marrow Drive** will be held at the **Lani Kai Island Resort** this Saturday, July 28 from 9 a.m. to 5 p.m. All are welcome to come down to donate blood or become a potential bone marrow donor with a simple swab of the mouth.

This year's theme is Going Wild. Guests can expect lots of fun with local



Students will receive backpacks filled with school supplies at the Saturday outreach program photo provided

nature conservationist Trapper Ray, as well as officials from the Calusa Nature Center, who will have a de-skunked skunk, python and some baby alligators that event-goers can safely pet and take photos with that day.

All donors can enjoy a cookout lunch and light snacks and treats that afternoon, a commemorative event T-shirt, beach towel and much more. Even if you've contributed as a bone marrow donor in the past, come by and have fun during this special benefit and help raise the blood donor count in Lee County.

Since 2006, these annual benefits have collected more than 1,500 pints of blood. With one pint saving up to three lives, that means 4,500 possible lives have been saved from these blood and bone marrow drives – and that's not including lives saved from guests joining the national bone marrow registry, which is much harder to track.

All donors have the chance to enter and win numerous raffles and gift baskets, resort stays.

Lani Kai Island Resort is located at 1400 Estero Boulevard on Fort Myers Beach. To sign up for the national bone marrow registry, visit [http://join.](http://join.BeTheMatch.org/LaniKai)

BeTheMatch.org/LaniKai. Any group or business who would like to make a donation in the form of a raffle prize or gift, contact Kathy Condaris at 851-0701.

The **Edison & Ford Winter Estates** will celebrate automobile icon **Henry Ford's 155th birthday** this Monday, July 30. The day will start off with free birthday cake served at 10 a.m. Behind-the-scenes tours of Ford's winter estate home will be offered from 11 a.m. to noon, and history characters Henry and Clara Ford will be available for photo opportunities.

Ford first visited Edison at his Fort Myers winter home in 1914 and two years later, he and his wife, Clara, purchased the home next door for \$20,000. The Craftsman-style bungalow included about three acres of riverfront gardens and was nicknamed The Mangoes for the many mango trees on the property.

On July 30, the behind-the-scenes tours are included with admission. The site is open from 9 a.m. to 5:30 p.m. seven days a week.

Edison & Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, call 334-7419 or visit www.edisonfordwinterestates.org.

The City of Fort Myers is offering a second session of its **five-day junior golf clinic** from this Monday, July 30 through August 4 at the **Fort Myers Country Club**. The classes will teach juniors ages 6 to 13 the fundamentals of golf, including rules, etiquette,

continued on page 18

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From page 2

Historic Downtown



The restored Earnhardt Building (right) looks much the same as it did in the drug store's heyday, but now no drug store exists in the main business district photo by Gerri Reaves

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

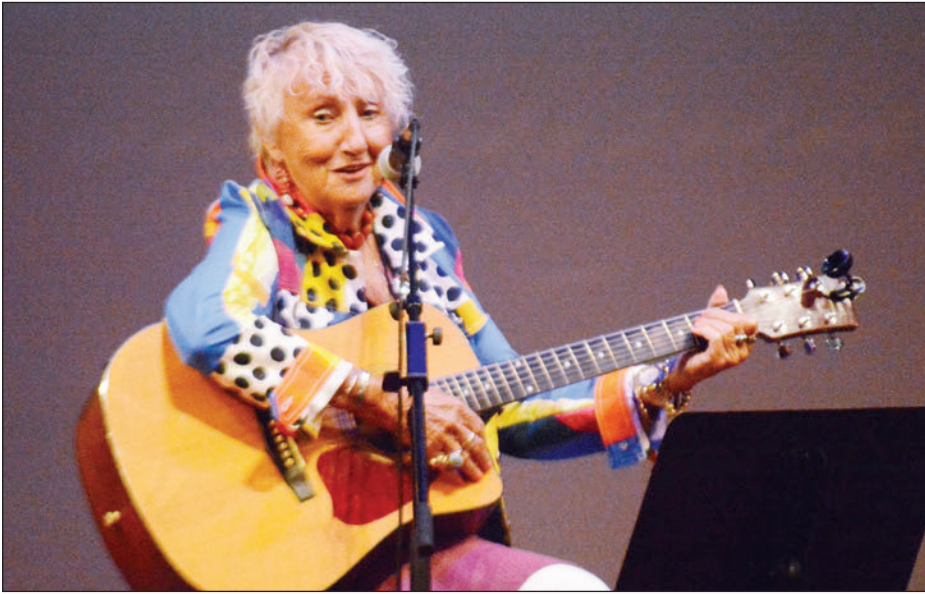
The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum

at Roberto Clemente Park.

Hours for the all-volunteer, nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Sources: The Archives of the Southwest Florida Historical Society, the *Fort Myers Press*, *The News-Press*, *One Man's Family in Early Fort Myers* (1898-1945) by John Woolslair Sheppard, and *The Story of Fort Myers* by Karl H. Grismer.✪



2017 People's Choice Winner Millie Van Horn

photo provided

Singer-Songwriter Competition For Rising Stars

The Summer Singer-Songwriter Competition is back for its second year at the Sidney & Berne Davis Art Center on Friday, August 24. The evening of original music from local and national competitors will begin at 8 p.m. Doors open at 7:30 p.m.

Performers will play for a chance to win recording time at Six Fingers Studios and a spot at the Island Hopper Songwriter Fest. Submission deadline is August 10.

In 2017, performers came from all over the country for a chance to shine. However, it was two local performers that took home the prizes. SWFL trio The Regulars were awarded the Grand Prize, and blues singer Millie Van Horn was awarded People's Choice.

The Summer Singer-Songwriter Competition is sponsored by Volvo of Fort

Myers, The Beaches of Fort Myers and Sanibel, Sanibel-Captiva Community Bank and the Island Hopper Songwriter Fest.

Singer-songwriters have been invited to submit an original song to be considered for this year's competition. The most remarkable performances are pre-selected to play live at the Sidney & Berne Davis Art Center during the Summer Singer-Songwriter Competition. The panel of industry judges select a Grand Prize winner, who will receive recording time at Six Fingers Studios and a performance spot at the Island Hopper Songwriter Fest. The audience will also have a chance to participate when they vote for the People's Choice winner, who will receive recording time at Six Fingers Studios. The Second Annual Summer Singer-Songwriter Competition

Tickets are \$5. FSW and FGCU students can buy a ticket or get one for free with student ID at box office.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For tickets and more information, visit www.sbdac.com.✱

Play Premiere At Lab Theater

The Laboratory Theater will host the Southwest Florida premiere of *It's Only a Play* by Terrence McNally in August. Performance dates include August 3, 4, 10, 11, 17, 18, 24 and 25 at 8 p.m., and August 12, 19 and 26 at 2 p.m.

Set in the townhome of a Broadway producer, the play involves the team behind *The Golden Egg* as the opening night reviews are awaited. There's the producer herself, the terrified playwright, his best friend, the has-been female lead, the British director and a theater critic (wait, why is he there?) Filled with one-liners about the entertainment world that will make you laugh and cringe, this show will remind you that there truly is no business like show business.

Keeping with the tradition of bringing fresh and edgy theater to the Southwest Florida area, Lab Theater's Artistic Director Annette Trossbach said, "It took us years of trying to get the rights to this very, very funny play, but they

weren't available because the show is on Broadway. We were thrilled to finally be able to bring it to Southwest Florida. It is full of inside jokes for people in the entertainment industry since it all takes place immediately after opening night of a new play as the entire creative team waits for the reviews to come in."

Director Scott Carpenter added, "*It's Only a Play* is truly an actor's play. It goes inside the thoughts and emotions of those who have tread the boards or have been involved in the creative or production aspects of a staged performance. The stakes and tensions are high for this group as they await the opening night reviews for a brand new Broadway Play. The action takes place at the opening night party at the New York townhouse of their producer."

Tickets are available to purchase on www.brownpapertickets.com or by calling the box office at 218-0481. For more savings, guests may purchase a 2018-19 season pass.

The Laboratory Theater is located at 1634 Woodford Avenue in downtown Fort Myers. For more information, visit www.laboratorytheaterflorida.com.✱

Phonograph Expert To Present At Edison Estates

International phonograph expert John Kurdyla will provide weekly phonograph presentations on Thursdays at Edison & Ford Winter Estates at 11:30 a.m. in the Music & Movies Gallery and at 4 p.m. at the Edison Ford Shoppe at Bell Tower Shoppes. Presentations will run through the end of August.

Kurdyla has one of the largest private collections of phonographs and Edison memorabilia and is an expert on Edison recorded sound. From Italy, he has presented his knowledge on 10 Italian National Television (RAI) shows.

Kurdyla also is an author and wrote the book *When Music Was Magic*, available at the estates and the Bell Tower store.

Presentations at Edison Ford are included with admission and are free for members. Presentations at the Bell Tower store are free for everyone.

Edison & Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. Edison Ford Shoppe at Bell Tower Shoppes is located on the corner of US 41 and Daniels Parkway. For more information, visit the website at www.edisonfordwinterestates.org or call 334-7419.✱



John Kurdyla demonstrates how to play a phonograph at Edison & Ford Winter Estates

photo provided



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OBITUARY



DR. GILBERT GILINSKY

Gilbert was born October 27, 1923 in Brooklyn, New York and was the oldest son of Max and Rose Gilinsky. He graduated from Lafayette High School in Brooklyn and did his undergraduate at the University of Buffalo in Buffalo, New York. He went on to dental school at the University of Pittsburg School of Dentistry, graduated in 1947 and was a member of the Alpha Omega Dental Fraternity.

While in dental school from 1943 to 1947, he entered the Army Specialized

Training Program. After graduation, he was hired as a dentist at the Veteran’s Administration Hospital in Battle Creek, Michigan. It was at the hospital he met his lovely wife of 65 years, Helen, who was a registered nurse.

After two years, they moved back to New York and Gilbert started his dental practice in Hicksville, New York. In 1951, because of the Korean War, Gilbert was called back to Army service as a first lieutenant in the U.S. Army Dental Corps and served at Fort Hood Texas Army Base for two years. After his discharge in 1953, Gilbert and Helen decided to go back to Battle Creek, Michigan to start his dental practice and raise his family.

Gilbert was a life member of the American Dental Association, Michigan Dental Association, American Association of Endodontists, and he was awarded the High Honor Fellow of the American Academy of General Dentistry.

During Gilbert’s life in Battle Creek, he was very active on several boards including Southwestern District Dental Society; dental chairman, YMCA Fund Drive; board member and investor of Minges Creek Tennis Club; and active member of Battle Creek Country Club and Pennfield High School Boosters.

Gilbert continued his postgraduate education at the University of Michigan Dental School, attending lectures and seminars with the American Dental Association. He was always looking to improve his techniques.

Gilbert spent all his free time with his loving family on the tennis courts and horseback riding all summer long. In the

winter, it was family ski vacations. He crossed the state of Michigan riding his favorite horse, Vanity, with the Michigan Quarter Horse Association. He also played racquetball, loved to swim, bike and work in his garden.

Gilbert retired in 1987. Gilbert and Helen then moved to Sanibel Island to enjoy the Sunshine State and retirement. He did not really retire as his activities were a full-time job. Travel included Europe, dude ranches and cattle drives, which he finally had time for. He continued his love of horseback riding and got very involved in Special Equestrians for the handicapped, where he served on the board of directors. Tennis became a seven-day-a-week sport. He was a member of the Sanibel Harbour Tennis Resort and the tennis team. He was also energized from biking, became president of the Sanibel Bike Club and took many trips around the U.S. biking. Gilbert was a board member of the Sanibel Harbour Yacht Club, a member of the orchid and hibiscus club and was named the “avid workout king” at the Sanibel Recreation Center. Even in his retirement years, Gilbert stayed active in the dental field by teaching at Fort Myers College, and he was on the board of International Research Corporation.

In 2012, Helen and Gilbert moved to Denver, Colorado to spend quality time with their grandchildren. There they became their “biggest fans,” following every sport they played, which was numerous. Gilbert became a pickleball enthusiast, entering some tournaments and meeting many wonderful friends following the pickleball “circuit” around

town. Still at 94, he was working out daily, walking the treadmill, lifting weights and playing pickleball.

Gilbert was predeceased by his beautiful wife Helen in 2014 and is survived by his loving family, Gerry Gilinsky (Becky), Gail Gilinsky-Yount (Bob), Gwen Clark (Joe); sister, Bernice Roth; grandchildren, Blake and Brynell Yount; and many nieces and nephews.✧

Grant Funding Being Sought For Algae Cleanup

Commissioner Cecil Pendergrass, chairman of the Lee Board of County Commissioners, met July 18 with representatives of the Florida Department of Environmental Protection to discuss grant opportunities related to blue-green algae cleanup.

Gov. Rick Scott issued an emergency order last week that, among other things, directed the Florida DEP to establish a grant program to provide local governments with funding to contract for cleanup services.

It’s anticipated the state will amend its budget and make dollars available within the next few weeks. Lee County is preparing to seek the grant funding.

Pendergrass and state officials had their meeting while attending the 32nd annual Environmental Permitting Summer School event sponsored by the Florida Chamber on Marco Island.✧

Churches/Temples

- ALL FAITHS UNITARIAN CONGREGATION**
Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.
- ALL SAINTS BYZANTINE RITE CATHOLIC**
Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.
- ANNUNCIATION GREEK ORTHODOX**
Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.
- BAT YAM-TEMPLE OF THE ISLANDS**
Friday Shabbat at 7 p.m. 2050 Periwinkle Way. www.batyam.org 579-0296.
- BETH SHILOH MESSIANIC SYNAGOGUE**
Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.
- BIBLESHARE**
10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimpleworship.com, 437-8835.
- BREAD OF LIFE MINISTRIES**
Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.
- CHABAD LUBAVITCH ORTHODOX**
Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.
- CHAPEL OF CYPRESS COVE**
Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalhouse@aol.com, 850-3943.
- CHURCH OF THE CROSS**
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.
- CONGREGATIONAL**
Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.
- COVENANT PRESBYTERIAN**
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.
- CYPRESS LAKE BAPTIST**
Sunday 9:45 and 11 a.m., 7 p.m.;

- Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.
- CYPRESS LAKE PRESBYTERIAN**
Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.
- CYPRESS LAKE UNITED METHODIST**
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.
- FAITH FELLOWSHIP WORLD OUTREACH**
Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.
- FAITH UNITED METHODIST**
Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.
- FIRST CHURCH OF CHRIST, SCIENTIST**
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.
- FIRST CHURCH OF THE NAZARENE**
Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.
- FIRST UNITED METHODIST CHURCH**
Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcfmtyers.org, 332-1152.
- FORT MYERS CHRISTIAN**
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.
- FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;**
Sunday 10 a.m., 8210 College Parkway, 482-3133.
- IONA-HOPE EPISCOPAL CONGREGATION**
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.
- JESUS THE WORKER CATHOLIC**
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.
- KINGDOM LIFE**
Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

- LAMB OF GOD**
Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambogodchurch.net, 267-3525.
- NEW BEGINNINGS CENTER**
Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcmministry@embarqmail.com, facebook.com/nbcmministry, 656-0416.
- NEW COVENANT EYES**
Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.
- NEW HOPE BAPTIST**
Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.
- NEW HOPE PRESBYTERIAN**
Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.
- PEACE COMMUNITY**
Sunday 10:30 a.m. www.17671 Pine Ridge Road, peacecommunitychurch.com, 267-7400.
- PEACE LUTHERAN**
Sunday 8 and 10 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@peaceftmyers.com. 437-2599.
- REDEEMER LUTHERAN**
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.
- RIVER OF LIFE ASSEMBLY OF GOD**
8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.
- SAMUDRABADRA BUDDHIST CENTER**
Meditation classes. MeditationInFortMyers.org, 567-9739.
- SAINT COLUMBKILLE CATHOLIC**
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.
- ST. FRANCIS XAVIER CATHOLIC**
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.
- SAINT JOHN THE APOSTLE**

- METROPOLITAN**
Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.
- SAINT MICHAEL LUTHERAN**
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.
- SAINT NICHOLAS MONASTERY**
Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.
- ST. VINCENT DE PAUL CATHOLIC**
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.
- SOUTHWEST BAPTIST**
Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.
- TEMPLE BETHEL SYNAGOGUE**
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.
- TEMPLE JUDEA (CONSERVATIVE)**
Friday 6:30 p.m. and Saturday 9 a.m. tjswfl.org. 14486 A&W Bulb Road, 433-0201.
- THE NEW CHURCH**
Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com. 481-5535.
- UNITARIAN UNIVERSALIST**
Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.
- UNITY OF FORT MYERS**
Sunday 10 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.
- WESTMINSTER PRESBYTERIAN CHURCH**
Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.
- WORD OF LIFE**
Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.
- ZION LUTHERAN**
Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.✧

CROW Case Of The Week:

Gopher Tortoise

by Bob Petcher



The gopher tortoise (*Gopherus polyphemus*) is so named because of its ability to dig large, deep burrows. These land tortoises dig these holes for shelter and are known to share

these burrows with hundreds of other species.

The long-lived reptiles look prehistoric and can live more than 100 years, but generally average 40 to 50 years in age. They are built like tanks, with shovel-like front legs that help them to dig and strong and sturdy back legs to help anchor the activity. It is these claws that land tortoises possess that tell them apart from sea turtles, which have flippers in place.

Interestingly, the sex of a gopher tortoise can be distinguished by the bottom of its shell. The underside of a male's shell is concave, which is different than the flat plastron of the female. Like most reptiles, the sex of a gopher tortoise at birth is temperature-dependent. When the eggs are laid, they are neither male nor female. The sex of the offspring is determined by the temperature of the sand or dirt during incubation. If the temperature is above 85 degrees F, the hatchling tortoises will be females. If temperatures are below 85 degrees F, expect males.

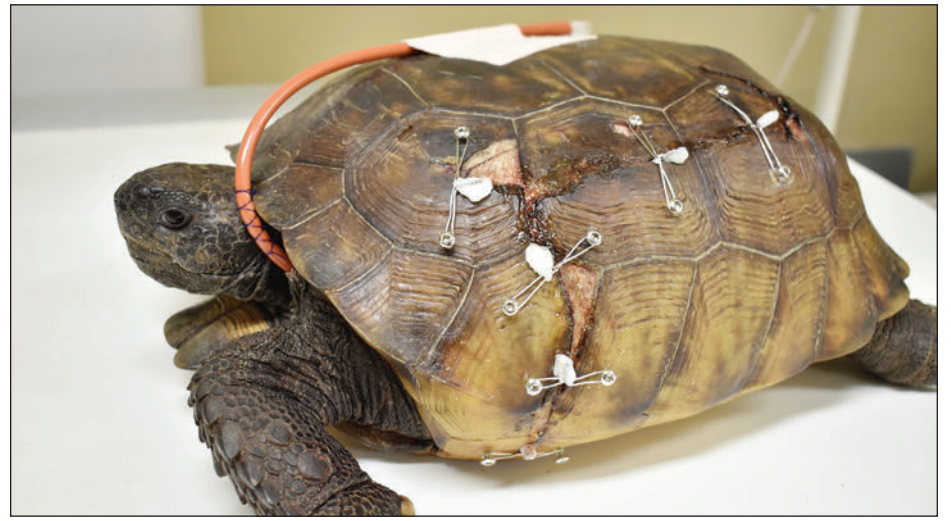
At CROW, an adult male gopher tortoise was admitted after being hit by a car in Cape Coral. The tortoise suffered a large T-shaped fracture extending most of the length of its upper shell. The fracture was cleaned and bandaged overnight, and a lengthy surgery was performed the following day. Reportedly, the surgery consisted of anesthetizing the tortoise, aligning the pieces of the shell and placing 10 screws connected with wire along the fracture site. These "braces" are said to help stabilize the fractured pieces of shell while it heals. A feeding tube was placed during surgery to assist the rehabilitation staff with providing nutritional support and medications for the tortoise.

It may be nearly two months before CROW officials know how the patient will fare after surgery.

"The length of healing depends upon the severity of the fracture in terms of number of pieces, displacement of those pieces, blood supply and contamination," said Dr. Kyle Abbott, CROW veterinary intern. "In general, simple fractures that have good blood supply can have enough stability after four to six weeks of rigid stabilization with hardware. After stabilization, the hardware is removed, but healing and remodeling of the bone can take months to years to have full healing."

Due to the severity of the patient's injury, he may have suffered further disorders related to nerves or spinal cord.

"In this tortoise's case, it is likely he has neurologic damage from the fractures in his shell," said Dr. Abbott. "Tortoises have their spine incorporated into their shell, and when they have fractures occur, neurologic damage is a real concern. This



Patient #18-2830 with hardware to stabilize the T-shaped fracture and a feeding tube utilized during surgery
photo by Brian Bohlman

may be something he can recover from with physical therapy, or it may be a lifelong complication."

Veterinarians also noted that the tortoise had limited mobility in its hind legs. A set of wheels was installed to help the tortoise move around until it has regained full strength in the legs.

"The wheels are in place with the intention of giving him time to have his mobility and control of his hind legs return. With the wheels, he is able to be mobile, and still have his hind legs free to move as much as he is able," said Dr. Abbott. "Overall he has been quiet during his recovery, but perks up and has been eating during outdoor time. If he is able to regain the full use of his hind limbs, then he should be able to return to a normal,

full life."

After two weeks at the clinic, the patient's prognosis is wait and see for now.

"Once the fracture has stabilized after the four- to six-week period in the hospital, the timeline for release depends on him having improvement of his hind limb mobility," Dr. Abbott added. "He will also need to regain strength and muscle mass prior to release."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Mangrove Snapper Bite Is On



by Capt.
Matt Mitchell

With the late July convection-style heat on us, even stepping outside from the A/C of the house or car instantly fogs your sunglasses.

Getting out on the water early and getting done by noon has produced the best results with a mixed bag of species being caught on my charters all week. Snook, snapper, mackerel, jacks, trout and sharks have all been part of the usual day's catch. Clients that want fillets have been going home with limits of delicious mangrove snapper.

Docks, pilings and basically any underwater structure in the sound has been holding lots of these keeper-sized mangrove snapper. A long, light leader and a small hook has brought the best results on these snapper. In clear water, I have been rigging with as light as 12-pound test fluorocarbon and a No. 1 light wire hook. This has been crazy fast-paced action when using small shiners for bait at times. These fish fight hard and are a lot of fun to catch when you downsize to light spinning gear to cast these small baits. Anywhere from the south end of Matlacha Pass all the way

up the sound, these snapper are schooled up when you locate them.

Catch-and-release snook fishing while using these same small shiners has been a good bite, too. Mangrove shorelines in and around our passes have been holding lots of 20- to 26-inch snook along with an occasional larger fish. When you find the little fry bait along a mangrove or sandy shoreline, these snook are close by. Despite what seems to be ugly brown water, at closer inspection, it's amazingly clear in certain areas including San Carlos Bay.

Popping-cork fishing with small shiners in the southern sound and San Carlos Bay has been good action too on trout, ladyfish and jacks. Drift-fishing during periods of light wind in four to five feet of water has been busy action. Once you locate the fish by driftin, drop the powerpole or anchor and whack em. The southern end of St. James City even in the brown-stained water has held some of the larger trout I have been catching anywhere. Chumming a few small shiners here and there has kept these fish feeding on the surface. Once the bite quits, I've been drifting until I locate them again. Our big trout of the week measured 24 inches and was caught close to home off St. James City

Green algae and red tide continue to be the main stories on the news again. We have been lucky enough that the green algae that is up in Cape Coral canals, like a bad science fair project, has not made its way out into the sound in any large amounts. Most of this green algae seems to be caught up in dead-end canals from the Cape Coral Bridge east where, thankfully, there is not enough



Kat White from Gainesville with a snook caught while fishing with Capt. Matt Mitchell

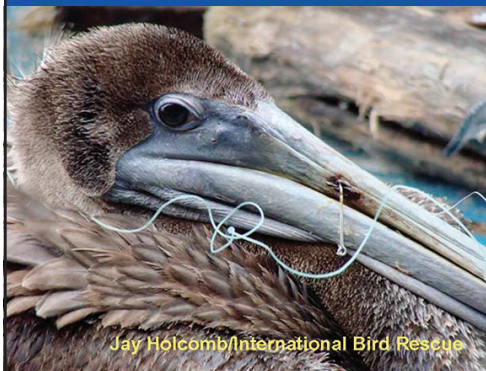
photo provided

water flow to move it out into the sound. At certain times, we are seeing small chunks of it in San Carlos Bay, but it's not anything like the shocking and sad pictures you see in these canals on the news reports. With the majority of Cape Coral not on city sewer and lots of fertilizer and yard waste going into those canals, this algae will continue to bloom in the near 90-degree water with or without Lake O releases. Water coming

out of Lake O is certainly a big part of this issue, although a lot of the green algae problem starts much closer to home like in many backyards.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.*

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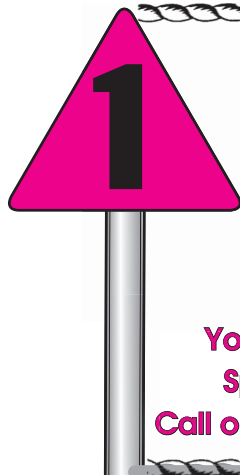
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Dave Doane

Plant Smart

Chenille Plant

by Gerri Reaves

Chenille plant (*Acalypha hispida*) is a fast-growing ornamental shrub native to the East Indies.

This coarse-textured evergreen is a member of the spurge family and typically grows to about five feet high. Dangling red flowers make it a popular hanging or pot plant.

The alternate oval leaves, which measure up to eight inches long, have toothed edges, prominent veins and pointed tips.

The spikes of flowers are about an inch in diameter and up to a foot and a half long.

They are staminate, meaning that they are composed of stamens and lack petals. The male (staminate) and female (pistillate) flowers appear on separate plants.

The word *Hispida* in the botanical name is Latin for bristly or hairy and refers to the fuzzy catkins.

Chenille is French for caterpillar, another reference to the hairy flowers.

Monkey tail and pussy tail are yet other names for this plant, as is red-hot cattail.

Although appreciated for its showy year-round flowers, this species offers no particular benefit to Florida wildlife. It has low drought tolerance and is not salt tolerant. Mites, scales, aphids and mealybugs can be a concern.

Chenille plant grows best in full sun



Chenille plant is a non-native ornamental shrub with velvety catkins photo by Gerri Reaves but will tolerate some shade.

It is used medicinally in its native range, and the foliage is edible when young.

Sources: *500 Plants of South Florida* by Julia F. Morton; *Florida Landscape Plants* by John V. Watkins

and Thomas J. Sheehan; *Tropical Blossoms of the Caribbean* by Dorothy and Bob Hargreaves; *Waterwise: South Florida Landscapes* by SFWMD; www.edis.ifas.ufl.edu; and www.floridata.com.

Plant Smart explores the diverse flora of South Florida.✽

Volunteers Needed For Scallop Search

Florida Sea Grant – UF/IFAS Lee County Extension and the Sanibel-Captiva Conservation Foundation are looking for volunteers for the 2018 Pine Island Sound Scallop Search, a resource-monitoring program in which volunteers snorkel and search for scallops in select areas within Pine Island Sound. Up to 40 boats are needed with as many as 150 participants to search select sites in Pine Island Sound and San Carlos Bay for the elusive bay scallop.

The purpose of this mission is to monitor and document the health and status of the bay scallop population. The event is sponsored by Lee County Parks & Recreation, Charlotte Harbor National Estuary Program, Friends of Charlotte Harbor Aquatic Preserve and Pineland Marina.

Large populations of bay scallops (*Argopecten irradians*) disappeared from Southwest Florida waters decades ago due in large part to degraded water quality, related declines in seagrass acreage, over-harvesting and other causes. Water quality and seagrasses have improved in many areas to levels that may once again support these important bivalves. The program is modeled after the successful Great Bay Scallop Search conducted in Tampa

continued on page 18



Closeup of one of the Kemp's ridley sea turtles

photo provided

CROW Releases Two Kemp's Ridley Sea Turtles

The Clinic for the Rehabilitation of Wildlife (CROW) released two critically endangered Kemp's ridley sea turtles recently at Delnor-Wiggins Pass State Park in Collier County.

The first of the two turtles was admitted to the clinic on July 2 after it had sustained what appeared to be a boat strike injury near Redfish Pass on Captiva Island. Members of the Sanibel-Captiva Conservation Foundation (SCCF) Turtle Research Program transported the turtle to CROW. Sea turtles can often become the victim of boat strikes or predator attacks as secondary injuries when they are

debilitated by red tide poisoning.

The second Kemp's ridley sea turtle was admitted to the clinic on June 28 after it was found struggling in the water near the Boca Grande Causeway. It was transported to the clinic by volunteers of the Boca Grande Sea Turtle Association. This turtle was suspected to be suffering the effects of brevetoxicosis, also known as red tide poisoning. It was treated for red tide poisoning using supportive care and a novel treatment as part of an ongoing study in collaboration with the Loggerhead MarineLife Center.

If you come across a debilitated, injured or dead sea turtle, please report it to the Florida Fish and Wildlife Conservation Commission (FWC) by calling 888-404-FWCC (3922), SCCF's Sea Turtle Hotline at 978-728-3663 or CROW at 472-3644.✽



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August Programs At Fort Myers Regional Library

Next month's roster of activities at Fort Myers Regional Library offers topics for all ages. The following activities are free to the public:

Adult Programs
Knitting Nook
2 p.m. Thursdays, August 2 and 16
Location: Library Building, Conference Room C

A casual, self-guided group of knitters and crocheters share ideas, techniques and patterns. Attendees should bring their own projects. Basic supplies available for newcomers. Registration is required.

English Café
6 p.m. Tuesdays, August 7, 14, 21 and 28
Location: Library Building, Conference Room C

Free, informal conversation sessions for adult ESOL/ESL students.

Adult Card Crafting
9:30 a.m. Wednesday, August 8
Location: Meeting Room CD
Participants will learn new techniques and take home several themed cards. Materials supplied. Registration is required.

Genealogical Research Using Federal and State Census Returns

9:30 a.m. Saturday, August 11
Location: Meeting Room AB

Census records are some of the most valuable records that genealogists use. Learn how to use them to track migration patterns, the birth of children, change

of household size and uncover facts on the social and economic factors of family members and communities such as professions, trades and real estate. Registration is required.

Download Drop-In
2 p.m. Tuesday, August 14
Location: Meeting Room A
Receive personalized help downloading e-books, movies, music and more from your library's online library. Bring your tablets, phones, e-readers and other digital devices for a hands-on help session. Please bring your library card. Registration is required.

Book Discussion: *The Mountain of Light* by Indu Sundaresan
Noon Wednesday, August 15
Location: Library Building, Conference Room C

Sometimes fiction seems real and nonfiction reads like a novel. This year both will be discussed. Space is limited so registration is required.

International Film Series: *In the Time of the Butterflies*

6:30 p.m. Wednesday, August 15
Location: Meeting Room ABCD
Join us for the next installment in our film series. This month, visit the Dominican Republic with *In the Time of the Butterflies*. Sponsored by the Friends of the Fort Myers Regional Library.

Family Programs
Family Storytime
10 a.m. Saturday, August 18
Your whole family is invited to this enjoyable, all-ages storytime that encourages the development of prereading skills through songs, rhymes, fingerplays and stories.

Baby Rhyme Time
10 a.m. Thursdays, August 23 and 30
During this special storytime, you and your baby will learn new nursery rhymes and fingerplays, interact with puppets, sing, read books and dance.
Toddler Tales
9:30 and 10:30 a.m. Tuesdays, August 21 and 28

Caregivers and children, ages 18 to 36 months, participate in this high-energy storytime filled with stories, fingerplays, rhymes, songs and a craft.

Preschool Storytime
10 a.m. Wednesday, August 22 and 29
Your preschooler will continue to build relationships with other kids, books and the library in a storytime designed specifically for them. The stories and activities are more complex, but just as fun.

Children's Programs
Bubblemania
10 a.m. Thursday, August 2
Location: Meeting Room ABCD
Go nuts over these soapy spheres and dance to some favorite kids' tunes. All ages welcome.

Libraries Rock Preschool Dance Party
2 p.m. Tuesday, August 7
Location: Meeting Rooms ABCD
Let's rock out to some amazing music, use the parachute and noisemakers and dance until we drop during this super energetic program. Little ones will be naptime ready after our preschool dance party. For ages 2 to 5. Registration is required.

Kids Read Down Fines
5 to 6 p.m. Monday, August 13
Children and teens can earn a \$2 credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and under only and applies only to charges on overdue materials. Please bring your library card.

STEAM Club
4 p.m. Monday, August 27
Learn about inclines and gravity and make a ramp-walker robot with no electronic parts. Elementary school-aged kids are welcome to join us for some engineering and tech fun.

Teen Programs
Beginner D&D for Teens

5 p.m. Monday, August 6
This is a monthly Dungeons & Dragons group for teens and will begin with character development. No registration is required.

Anime Club for Teens
5 p.m. Wednesdays, August 8 and 22
Anime drawing fans share what they have created, discover content and connect with other fans. Colored pencils, pens and paper supplies will be provided. Sponsored by the Friends of Fort Myers Regional Library.

Kids Read Down Fines
5 to 6 p.m. Monday, August 13
Children and teens can earn a \$2 credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and under only and applies only to charges on overdue materials. Please bring your library card.

Game Night for Teens
5 p.m. Monday, August 20
Play Super Mario, NHL, Sonic, FIFA, Madden and many others. Sponsored by the Friends of the Fort Myers Library.

Home School Connection
2 p.m. August 27
Meet and greet teens as we work on various topics of STEAM each month. This month we will play with technology based science toys called Spheros, integrating them with art.

Books and Bites for Teens
5 p.m. Wednesday, August 29
Share your favorite fantasy book with friends and enjoy tea and cookies. Each month will feature a new theme. Sponsored by the Friends of the Fort Myers Regional Library.

The Fort Myers Regional Library is located at 2450 First Street in Fort Myers. Adult programs are held in the meeting room building located across the library campus at 1651 Lee Street. For more information about a program or to register, call the library at 533-4600. Check the Lee County Library System's website at www.leelibrary.net to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.✽

Help SCCF Bring Back the Barn Owls

Poisoned rats can kill the eagles, hawks, bobcats and owls that eat them.

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From page 4

Home Dedication

Board Chairman Mitch Hutchcraft; local government officials; Habitat board members; and residents from the Harlem Heights community.

Roger Brownell, an 18-year member of the board of directors for Habitat for Humanity, kicked off the dedication of the capstone home in the Harlem Heights community. He shared, "I particularly like the house dedications because there is nothing better than to see the smiles and the happy tears by the new homeowner and especially the children."

Dominick Izzo, Habitat's director of construction, recognized Jim Gibbons, Michael Webber and Bob Middleton, the Habitat "Can Do Crew", for their volunteer efforts on the FineMark Village project in Harlem Heights. "We build these houses like they

were our own," Gibbons added. Ana Villacis, Habitat homeownership advisor, introduced homeowner Gloria, along with other Habitat homeowners who joined in support. Ana explained, "With this home closing today, there are 34 kids in this community that have a safe healthy place to call their home and have somewhere to do their homework, somewhere they know they can come home, where they're going to have food, where they're going to have shelter, and they're not going to have to move, and so they can concentrate on important things like going to school." Reverend Suzy Post from Iona Hope Episcopal Church offered the prayer of dedication for the home. In 2015, Habitat acquired 11 home site parcels on Gladiolus. FineMark National Bank and Trust invested \$250,000 to become the Neighborhood Sponsor to allow construction to begin on FineMark Village.✽

Rotary Club Bestows Four-Way Test Awards

Rotary Club of Fort Myers South recently announced Aaron Nash and Tracie Bagans have each been awarded the Rotary International Four-Way Test Award. Nash is the owner of Platinum Fitness and was awarded as the club's non-Rotarian Community Winner. Bagans is the regional field services manager at Florida Power and Light and was awarded as the club's Rotarian Winner.

This prestigious award recognizes people in the community who exemplify Rotary values in their personal and business lives. These recipients emphasize service above self, and they conduct their lives and business in line with the four tenets of the Rotary Club: Is it truth? Is it fair to all concerned? Does it build goodwill and better friendships? Will it be beneficial to all concerned?

Nash opened two fitness centers in Southwest Florida, where he helped clients lose more than 100,000 pounds combined in just three years. He launched a supplement line, called Planet Fitness Supplements, started a podcast and was recognized in the *Naples Herald* 40 Under 40 feature.

His business helped raise more than \$34,000 in 2017 for at-risk youth and organizations like Susan G. Komen



From left, Read Sawczyn, Aaron Nash and Kerri Goldsmith

photos provided

for the Cure and the ACT Women's Shelter. Nash's next goal is to raise over \$25,000 for Hurricane Irma relief through the United Way.

Bagans serves as club president for the Fort Myers South Rotary Club Board of Directors and is involved in the Rotary District 6960 Governors Committee. She joined FPL in 1986 and has made it a priority to ease the mind of anxious customers without power during times

of crisis.

She has held committee positions with the Edison Electric Institute and the National Plan for Energy Efficiency. She is currently pursuing a master's degree in environmental science with a focus on renewable and sustainable technologies.

Bagans is an influential member of the board of directors of the Heights Foundation, a hands-on organization that builds strong and self-sufficient



Tracie Bagans and Read Sawczyn

families in the Harlem Heights neighborhood in south Fort Myers. She is also co-chair of the Over the Edge rappelling event that supports school success programs at the Heights Center.

Rotary Club of Fort Myers South meetings are held each Monday at noon at the Crowne Plaza Fort Myers at Bell Tower Shops hotel, 13051 Bell Tower Drive in Fort Myers. For more information, visit www.rotarysouth.org.

From page 1

Children's Hospital



Third floor of the Golisano Children's Hospital

Alexander, president of Soliant. "Superior in clinical performance, family satisfaction and, of course, architectural design, Golisano Children's Hospital of Southwest Florida has earned Soliant's Most Beautiful Hospital in the U.S. distinction in every way. Golisano is a shining light in Southwest Florida."

The hospital is planning a public party in its Cohen Family Garden

to celebrate the recognition. Joining HealthPark Medical Center (No. 5, 2014 and No. 18, 2016) and Gulf Coast Medical Center (No. 13, 2013 and No. 2, 2014), Golisano Children's Hospital is the third Lee Health hospital recognized as one of Soliant's Top 20 Most Beautiful Hospitals in the U.S.

For more information, visit www.blog.soliant.com/most-beautiful-hospitals/2018/

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The team at Ferguson Enterprises presents a check for \$11,255 to Lee BIA Builders Care, supporting the organization's efforts to provide emergency repairs and construction services to local homeowners in need. From left, Joia Ford-Williams, Jordan Drew, Sara Clark, Cat Romanski, Christi Pritchett, Carrie Onnenga, Mariah Koch and Dan Beiter.

photo provided

Donation Of \$11,255 To Lee BIA Builders Care

Ferguson Enterprises has generously donated more than \$11,255 to Lee BIA Builders Care, the nonprofit charitable arm of the Lee Building Industry Association (BIA). Funds were raised through its 10th annual golf tournament held at Tiburon Golf Club on Saturday, June 15. Funds will support Lee BIA Builders Care's efforts to provide emergency repairs and construction services at no cost to elderly, disabled and economically disadvantaged homeowners in Lee County.

Including this year's donation, Ferguson Enterprises has raised \$80,000 to date for Lee BIA Builders Care. Ferguson Enterprises is a longtime supporter of Lee BIA Builders Care, contributing to dozens of projects over the past decade, and is also a 2017 recipient of Lee BIA Builders Care's Contributor of the Year award.

"We are so thankful for our continued partnership with Ferguson Enterprises and their efforts to positively impact our community through their annual golf tournament," said Christi Pritchett, executive director of Lee BIA Builders Care. "We are humbled by their giving spirit and thank the Ferguson Enterprises team for their decade of commitment to making a difference within the lives of local homeowners and families." ❖❖

Keynote Speaker Announced For Business Awards

Dave Stevens, inspiring motivational speaker, has been selected as the keynote speaker for the 24th annual Southwest Florida Blue Chip Community luncheon. Sponsored by McGriff Insurance Services and BB&T Bank, the event will take place at Hyatt Regency Coconut Point Resort and Spa on Thursday, November 1 from 11 a.m. to 1 p.m.

The Blue Chip Awards will recognize small business owners in Lee, Collier and Charlotte counties who have overcome adversity to achieve success.

From the beginning, the odds were stacked against Stevens; He was born with two flipper-like appendages where his

legs should be to a 15-year-old biological mother. But a rough start didn't define his story. At age 2, after being adopted as an infant, Stevens was provided with artificial legs, courtesy of the Shriners. He later became a record-setting three-sport athlete in high school and college, playing football, baseball and wrestling and also played football for Team USA – with no legs.

In 1996, Stevens made professional sports history, signing a three-week minor league contract with the St. Paul Saints and becoming one of the few players to ever pinch hit for Darryl Strawberry. Now, as a highly sought-after professional motivational speaker who shares his inspirational story with audiences worldwide, Stevens proves that physical limitations don't have to limit your dreams or reality and that you can overcome any obstacle and live your "impossible" dream.

Following his accomplished athletic career, Stevens worked at ESPN for more

Marketing Firm Adds Coordinator

Pushing the Envelope, Inc., a strategic marketing communication firm based in Fort Myers, recently welcomed Juliana Metzner as communication coordinator.

In her role, Metzner will be responsible for executing public relations services for the company's varied clientele, including publicity and media relations, social media strategy and management, online reputation management and email marketing.

"Juliana brings strengths in communication and marketing that we're excited to employ for the benefit of our clients," said Samantha Scott, APR, president of Pushing the Envelope, Inc.

Metzner comes with years of experience in marketing and communication for other successful companies including FHR Property Management and Shell Point



Juliana Metzner

photo provided

Retirement Community. She received her master's degree in communication from Southern New Hampshire University and a bachelor's degree in communication from Florida Gulf Coast University. ❖❖

Bank Hires Loan Officer

Mark Rodgers has joined Sanibel Captiva Community Bank as a loan officer at the Gateway Branch in Fort Myers. He is responsible for originating commercial and residential real estate loans.

With more than 15 years of banking experience, Rodgers moved to Southwest Florida in 1981 and has experience in numerous banking positions, including assistant vice president of mortgage loans and commercial lending and vice president of private banking.

A Bonita Springs resident, Rodgers attended Florida Junior College at Jacksonville and is also a licensed health care risk manager in the state of Florida. A member of Kiwanis, Rodgers was on the founding board of directors of Ronald McDonald House Charities of Southwest Florida and served on the



Mark Rodgers

photo provided

Associated Home Health Industries of Florida board of directors. ❖❖

than 20 years, first as the assignment desk manager and then as a coverage editor. He has covered 14 Super Bowls, three World Series, three NCAA Final Fours and various other sporting events.

Stevens is an ambassador athlete for the Dave Clark Foundation, which hosts baseball clinics for disabled children nationwide, and he co-hosts a Celebrity Amputee Golf tournament yearly in Orlando. He is also a five-year member of the Wounded Warrior Amputee Football Team, playing as quarterback and defensive lineman. Last year, he began co-authoring his autobiography with Karen Holt.

The 2018 Southwest Florida Blue Chip Community Business Award is endorsed by the Bonita Springs Area Chamber of Commerce, Cape Coral Chamber of Commerce, Charlotte County Chamber of Commerce, Charlotte County Economic Development Office, Christian Chamber

of Southwest Florida, City of Cape Coral Economic Development Office, Florida Gulf coast University, Florida Southwestern State College, Florida Weekly, Greater Fort Myers Chamber of Commerce, Gulfshore Business, Hodges University, Lee County Economic Development Office/Horizon Council, Greater Lehigh Acres Chamber of Commerce, Sanibel & Captiva Islands Chamber of Commerce, Southwest Florida Business Today, Southwest Florida Hispanic Chamber of Commerce, The Chamber of Southwest Florida, The Greater Fort Myers Beach Area Chamber of Commerce and The Greater Naples Chamber of Commerce.

For more information on Stevens, visit www.davestevensspeaks.com. For more information on the Blue Chip luncheon or to submit an application, contact Stacey Mercado at 433-7189 or smercado@mcgriffinsurance.com. ❖❖

Seminar Shows Businesses How To Protect Data

Cybercrime is on the rise across the country, with profound financial consequences for business owners. While there is no guaranteed way to prevent trouble, there are ways to avoid it. The Above Board Chamber of Florida will host a meeting called Avoid being hacked – Learn ways to protect your data at the Crowne Plaza Fort Myers at Bell Tower Shops on Thursday, August 9 from 11:30 a.m. to 1 p.m.

The meeting will feature an expert panel and dive into the risks created by the rapidly growing number of connected people and devices. Panelists include Carrie Kerskie, director of identity fraud at Hodges University, James Bryan Caudill-Ritter, founder and CEO at Pulse Technology and Jeff Alluri, principal and VP of Element Technologies, LLC.

Kerskie is a well-known national speaker, trainer, author and consultant on the topics of identity theft, fraud and data privacy. Caudill-Ritter has been providing technical helpdesk support, computer support and consulting to small and medium-sized businesses in Southwest Florida since 2006. Alluri oversees Element's consulting practice and assists clients with IT strategies that are explicitly linked with business strategies.

Javier Fuller, vice president of web development for CONRIC PR & Marketing, will serve as master of ceremonies for the event.

Register at www.aboveboardchamber.com or call 910-7426. The cost on or before Wednesday, August 1 is \$28 for members and \$33 for non-members. After August 1, the cost is \$32 for members and \$38 for non-members.

The meeting is sponsored by CONRIC PR & Marketing, Pulse Technology Solutions LLC, Spada Salon and Day Spa, Your Walking Billboard, Charlie McDonald Photography, Lady in Pink Photography and Signarama North Fort Myers.

Crowne Plaza Fort Myer is located within Bell Tower at 13051 Bell Tower Drive in Fort Myers. For more information on the event, to register or on how to become a member of the Above Board Chamber, call CEO Jeanne Sweeney at 910-7426 or visit www.aboveboardchamber.com.

Nonprofit Hosts First Meeting In Helping Disabled

Floridians are making a collaborative effort to develop a voice for people with disabilities. Our Voices Together gathered for the first time on July 9 at the Fort Myers Talking Books Library to establish a coalition that takes a coordinated approach to speaking up on public policy that affects people with disabilities.

A crowd of advocates, members, families and public figures, along with nearly two dozen online participants,

met to kick off the campaign that gives those with disabilities a greater voice in the decisions that impact them most. People with intellectual and developmental disabilities have been forced to deal with sharp declines in funding for programs that assist them. The coalition strives to provide people across the state with the tools necessary to meet this crisis head-on.

Lee County School Board candidates Gerri Ware and Louis Navarra were among those in attendance, as well as Lee County School Board member Melisa W. Giovannelli and David Holden, who is running for the 19th Congressional District.

During the initial organizing session, participants worked collaboratively to name the coalition and identify three main goals:

Increase the budget for individuals with disabilities;

Increase rates for services to retain direct support providers;

Increase accessible and affordable transportation options for people with disabilities.

The public and those wishing to get involved are welcome to attend the next meeting at the same venue on Monday, August 13 from 6:30 to 8:30 p.m.

The Fort Myers Talking Books Library is located at 1651 Lee Street in Fort Myers. Those who will not be able to attend may log into the webinar. For more information, email info@ourvoicestogetherfl.org.

From page 1

Meet The Artists

served in the U.S. Coast Guard, and graduated from the University of South Carolina in 1998.

Breckenridge is a full-time, self-taught artist with a realist and impressionist style. He produces a wide array of pieces including darker themes, some with emotion and some with humor.

He has been showing and selling in the Arts for ACT Gallery since September of 2016 and is a familiar figure at Art Walk. Most weekends, you can find him painting at Arts for ACT Gallery, where he is a member artist and volunteer. He hosts paint parties and offers private lessons.

Klein is a freelance artist living in Cape Coral. He is a long-time resident of Lee County, after moving to Fort Myers in 1976. He was born in Milwaukee, Wisconsin in 1956 and moved to Florida after living in Puerto Rico, going to school and sailing around the Caribbean for nearly 10 years.

Although most of Klein's training and background is in the graphic design/advertising field, his passion for pen and ink drawing started at an early age from watching his father draw. He enjoys studying and learning new techniques with every piece. Klein also does commissioned work from photographs including pet portraits, vehicles and boats, architecture and favorite vacation spots.

The exhibits will be on view through Monday, September 3.

Arts for ACT Gallery is located at 2265 First Street in downtown Fort Myers. For more information, visit www.artsforactgallery.com.

Practitioner Joins Physician Group

Ann Biddison has joined Physicians' Primary Care of Southwest Florida as an advanced registered nurse practitioner. She will assist family practice physicians at the Cape Coral Family Practice office at 1255 Viscaya Parkway.

Biddison is a graduate of Emory University in Atlanta, Georgia, where she received a bachelor of science degree in nursing. She earned her master of science degree in family health nursing from the University of South Florida in Tampa.

Biddison has more than 40 years of experience as a nurse and family nurse practitioner in urgent care centers, hospitals and primary care practices in Panama City, Lake City, St. Petersburg and Cape Coral. She also has worked as a faculty member and instructor at Northwestern Michigan School of Nursing and St. Petersburg Junior College School of Nursing.



Ann Biddison

photo provided

Biddison is certified as an advanced registered nurse practitioner and in advanced cardiac life support.*

Record-Breaking Airport Traffic

During June, 546,159 passengers traveled through Southwest Florida International Airport in Fort Myers, an increase of 3.4 percent compared to June 2017. Year-to-date, passenger traffic is up 5.2 percent from the same period last year.

The traffic leader in June was Delta Air Lines with 133,000 passengers traveling to and from Fort Myers. Rounding out the

top five airlines were Southwest Airlines (122,838), American (92,300), JetBlue (67,451) and United (49,819).

Southwest Florida International Airport had 4,850 aircraft operations, a decrease of 6.3 percent compared to June 2017. Page Field saw 7,639 operations, a 24.6 percent increase from June 2017. In addition, more than 2.5 million pounds of air freight moved through Southwest Florida International Airport in June 2018.

For more information, visit www.flylcpa.com or on Facebook at www.facebook.com/flyrsw.

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Financial Focus

Help Protect Family Members From Scam Artists



by Jennifer Basey

If you have older family members whose cognitive functions or decision-making abilities have declined, or who are lonely or recently widowed, you might need to help protect them against

financial scams. What steps should you take?

First of all, try to gain a good sense of their overall financial activity. Look for red flags, such as a reluctance to discuss money matters, consistently unpaid bills, unexplained withdrawals, mysterious wire transfers or a sudden need to purchase large quantities of gift cards. And watch out for new “best friends” or caretakers who show an unusual interest in your loved one’s finances.

Whether or not you’ve observed any of these activities, you can help your elderly family members by making these moves:

Have checks (such as Social Security payments) directly deposited. You can help your family members avoid a lot of potential trouble by having their checks deposited directly into their bank accounts.

Seek permission to become a joint account owner. By becoming a joint account owner on your elderly family members’ checking and savings accounts, you can review statements for suspicious activity. Of course, your loved ones may be initially reluctant to add your name, but if you have a good relationship with them, you should be able to explain the benefits.

Shred bank statements, credit card offers and notices of lottery or sweepstakes winnings. One of the most useful gifts you can give to your elderly

family members may be a shredder. Encourage them to use it to shred old bank statements, credit card offers and other financial documents.

Get on a “do not call” list. Telephone scammers are persistent and devious. By registering your family members’ house and cell phones at www.donotcall.gov, you may be able to reduce their exposure to unwanted calls.

Obtain power of attorney. By creating a power of attorney, your loved ones can designate you or another trusted relative or friend to assist with their finances now – for day-to-day assistance and protection from scammers – and later, should they become incapacitated. Again, you will need to employ some sensitivity when discussing this issue.

Check references of caretakers. As mentioned above, some caretakers are, unfortunately, dishonest. Before you hire one, check out this person’s references. And even when you do, be careful – scam artists have been known to use accomplices as references, so you will need to be thorough in your research and questions.

Get to know your family members’ financial advisors. If possible, become acquainted with your older family members’ financial advisors. Any reputable advisor will welcome a connection with their clients’ loved ones. And if you are involved in any estate plans, this multi-generational relationship will prove beneficial for everyone.

Ask to meet any new “friends” they have met online. When someone is lonely, they become vulnerable to online friendships. Sometimes, these new friends make promises of meeting, but never show – and then they suddenly need money for one reason or another.

It can be challenging to guard against all threats posed by the scammers of the world. But by staying alert and taking the appropriate preventive actions, you may be able to help safeguard your loved ones’ financial security.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.

From page 8

Along The River

chipping, putting and the full swing.

City of Fort Myers Golf Professionals Rich Lamb and Todd Brown will teach the clinic, which is limited to 40 participants. The 75-minute clinics will start at 9:15 a.m. daily.

Registration for the five-day session costs \$60 and includes refreshments and range balls. Participants are welcome to bring their own equipment, and beginners are welcome to borrow equipment at no cost if needed.

To register for a summer junior golf clinic, download the registration form at www.cityftmyers.com/documentcenter/view/8688/summer-junior-golf-clinic-2018.

The Fort Myers Country Club is located at 3591 McGregor Boulevard

in Fort Myers. For more information, contact Rich Lamb at 321-7488.

Parents, students, school representatives, volunteers and others interested in robotics technology are invited to the **IMAG History & Science Center** for a free event about the FIRST (For Inspiration and Recognition of Science and Technology) **robotics competition** program this Thursday, August 2 from 6 to 8:30 p.m.

Attendees will learn how to start their own team or join an existing team and how to become a mentor, coach or sponsor of a FIRST team. Registration is open at www.swfrtp.org. The program is open to the public.

IMAG is located at 2000 Cranford Avenue in Fort Myers. For more information, visit www.facebook.com/events/176425589855665.

Superior Interiors

Give Your Dining Room A Modern Makeover



by Barb Cacchione

For some, the dining room is the main gathering space for entertaining guests. For others, it’s just meant to be an aesthetically pleasing area that sees minor foot traffic. Regardless of

how you use your space, it could benefit from a refresher.

Modern design may be worth considering. It’s a sleek and sophisticated way to present your area for wining and dining. With a few changes, this space can be changed into a modern dream room.

The color of the walls should be based on the modern feeling you’re hoping to exude. For a sleek and sophisticated look, stick with dark shades of gray or taupe. For a more distinct vibe, paint the walls in white, complementing with bright, bold accessories in shades of pink, yellow or blue. Talk to a professional about your

goals to formulate a unique strategy to achieve the perfect color scheme.

The lighting fixtures you choose to hang can make or break the modern feel you’re going for. Don’t choose classic ceiling globes and standing lamps with generic shades. Instead, stick with hanging pendant lamps, bubble chandeliers and slate LED box lamps.

Stay away from the overwhelming curvature of traditional vintage dining chairs, tables and bookcases. Opt for clean line furniture. A sleek black dining room table will elongate the room. Complement the table with bold yet simplistic chairs to seat your guests. Keep all other furniture, such as bookshelves, chests and other cabinetry, as sleek as possible.

Vibrant, surprising and easy to maintain, a modern area rug can be the distinctive element to enhance the appeal of your space. Select one with a bold color scheme or an unusual shape and fabric blend.

Modern techniques make bold design simple and stylish. If you’re ready to turn your dining room into a minimalist sanctuary, a professional designer can assess the space and give quality recommendations for designing with a modern approach.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coincdecen.com.

Entrepreneurial Spirit Program August 11

Southwest Florida women striving to start their own business will get the support they need to prosper in work and in life. Nickole Hendra, executive director of Dress for Success SW Florida, recently announced the Entrepreneurial Spirit Program (ESP) will be held at Markham Norton Mosteller Wright & Company, PA on Saturday, August 11 from 9:30 a.m. to 2 p.m.

The ESP Dream Team includes four prominent women in the community, who will each cover specific topics that will help inspire and prepare future business owners:

Angela Cooley, partner at Markham Norton Mosteller Wright & Company, PA, will discuss business accounting.

Christina Harris Schwinn, partner at Pavese Law Firm, will discuss legal documentation and incorporation.

Barbara Melvin, vice president and community lender at First Florida Integrity Bank, will discuss small business lending and SBA loans.

Connie Ramos-Williams, president and chief marketing officer of CONRIC PR & Marketing, will discuss new business branding and marketing.

All attendees will receive a certification of completion. A suggested donation of \$25 for Dress for Success includes continental breakfast and lunch. Limited seating is available, and reservations are required.

The program is proudly sponsored by CONRIC PR & Marketing, Markham Norton Mosteller Wright and Company,

P.A., First Florida Integrity Bank and Pavese Law Firm.

Markham Norton Mosteller Wright & Company, PA is located at 8961 Conference Drive in Fort Myers. For more information, call 689-4992.

From page 13

Scallop Search

Bay since 1993. Pine Island Sound’s inaugural event was in 2010.

Reservations are required to participate and space is limited. Scallop searchers will meet at Pineland Marina, 13921 Waterfront Drive in Pineland, on Saturday, August 18 at 8:30 a.m. to receive survey equipment and instructions for the monitoring program. Lunch will be provided to participants once they return to shore and report their information. This is a no harvest event.

The recruitment involves:

Volunteers with shallow-draft boats: please provide the style and size of your boat. Bring a dive flag if you have one. Canoes and kayaks are also welcome, but sites are very limited so sign up early. Personal watercraft (Jet Skis, Sea-Dos, etc.) are not allowed in the search.

Boat space for additional volunteer snorkelers.

Snorkelers without boats are welcome; however, space is limited.

Volunteers need to bring: mask, snorkel and gloves and be able to snorkel/swim 50 meters (about 150 feet) along the bottom – fins and weight belt are optional but suggested.

To sign up, go to <https://2018pineislands-scallopsearch.eventbrite.com>, email Joy Hazell at hazellje@leegov.com or call the FL Sea Grant – Lee County Extension office at 707-1267.

Book Review

The Perfect Mother



by Di Saggau

Aimee Molloy's *The Perfect Mother*, about a missing baby, is not only one of the summer's hottest reads, it will soon be a major motion picture starring Kerry

Washington. This addictive psychological thriller is about a group of women called May Mothers, whose lives become unexpectedly connected when one of their newborns goes missing. The mom's babies were born in the same month, so twice a week, with strollers in tow, they get together in Brooklyn's Prospect Park for some much-needed adult time and talk.

The women decide to go out for drinks one night at a hip neighborhood bar, hoping for a fun break from their daily routine. But on this hot Fourth of July night, something goes terribly wrong. Winnie, a single mom, was reluctant to leave six-week-old Midas with a babysitter, but her fellow May Mothers insisted everything would be fine. Now he is missing, taken from his crib, and what follows is a heart-pounding race to find Midas. Secrets are exposed, marriages are tested and friendships are destroyed.

The police are asking disturbing questions, and Winnie's very private life has become fodder for a ravenous media. Winnie isn't especially close to the May Mothers, but three of them take risks to help her find her son. Molloy examines the lives of four very different women, all tied together by

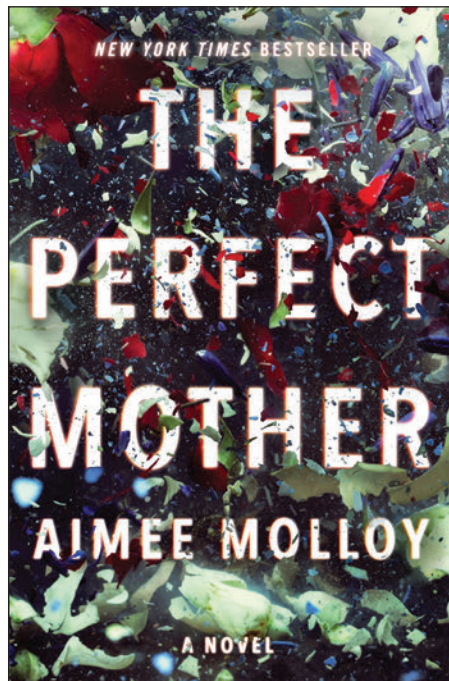


image provided

motherhood. There's Francie, the sweet Southern woman who has recently moved to Brooklyn with her husband; Colette, the writer who has it all together on the outside but struggles internally with work commitments and her new baby; Nell, the feisty, impulsive one who drinks a bit too much seems to be hiding something; and Winnie, the beautiful, reserved one whose life is upended one summer night when her child is kidnapped.

The book is not just an entertaining psychological suspense novel, it's also an indictment of the judgment placed upon new mothers by an unforgiving public, including relatives and members of the media. Molloy writes with confidence detailing the lives of these women. Reading *The Perfect Mother* is like watching an episode of your favorite TV drama and soon you'll be able to watch it on the big screen.✱

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley, My rising 4th grade twins seem to have forgotten some of the math they learned last year. I've been quizzing them, and they are

hesitant to respond. Math is difficult for them, and I don't want them to lose ground. They hate worksheets and things like that. What can I do to help them?

Samantha V, Cape Coral

Samantha,

You are accurate in being concerned that your children may lose academic skills over the summer. The bad news is that almost all kids' skills regress over the summer; the good news is that most kids can recoup their skills loss in 4 to 10 weeks after school resumes.

The better news is that if they practice their skills across the summer vacation months, there should be only minimal skill loss, if any. In general, low-income students lose around 3 months of grade-level equivalency during the summer months, and middle-income students lose about 1 month of grade-level equivalency. Math is the subject where the regression is most evident for all students.

There are many things you can do for and with your children to help stop the skill loss. Computer games and apps provide a good variety of math practice, but it's so easy for kids to have too much screen time, especially during the summer. Here are some other ideas that might work for you.

These activities build on current summer events that seem more entertaining for kids than traditional skill and drill work sheets. Here are a few of them.

Baseball is a gold mine for statistics. Learn how to figure batting averages, base running averages, earned run averages and much more. Visit www.basic-mathematics.com/calculate-baseball-statistics.html, a great site to help you understand how to use baseball statistics for math practice.

Have the children study themselves. They can track all sorts of personal data. Select specific quantities to record such as the time they wake up or go to sleep, time spent eating meals, doing chores, reading, how much time they spend with digital media and even how many text messages or e-mails they send and receive. They can chart these data, figure out daily percentages for some activities and then even compare the data across different weeks of the summer. They can create their own personal profile with this information and maybe get a better understanding of how they spend their time.

Summer vacation provides an opportunity for kids to relax and spend time with family and friends. School is hard work, and they do need some down time to refresh and recharge themselves. However, it won't hurt them to work on a few of these fun math activities during their vacation time to keep them on track for their next school year.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be

addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

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Sports Factor In Economic Development

The impact of sporting events and facilities on business growth in Southwest Florida will be presented by Jeff Mielke, executive director of Lee County Sports Development, at the monthly meeting of the Real Estate Investment Society (REIS) in the Osprey Room at Pelican Preserve's Clubhouse on August 14 at 11:30 a.m.

The Lee County Sports Development was created in 2003 to recruit major sporting events and promote sports tourism with the goal of growing the local economy. Mielke will report on the program's services, recent accomplishments and the strategy for the future. After his presentation, Mielke will respond to questions from the attending real estate development and investment professionals.

The meeting is sponsored by Stantec. Admission is \$30 for members and \$40 for guests, which includes lunch. Reservations are required by August 9 and may be made at www.reis-swfl.org.

Pelican Preserve's Clubhouse is located at 9802 Pelican Preserve Boulevard in Fort Myers.✱

Available at www.AMAZON.COM
WWW.EDITORIALRXPRESS.COM

Female Pioneers of Fort Myers
Women Who Made a Difference in the City's Development
 By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."
 Geri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

Courage Award Given To Hundreds Of Young Girls Who Spoke Out About Sexual Abuse



by Ed Frank

In the nearly 20 years we have written this column, we have discussed a multitude of scandals in a multitude of sports – football, basketball, baseball, cycling – everything from cheating, wagering, steroid use, the list goes on. None, however, compare to the viciousness of the sexual abuse scandal that continued for years in the sport of girls gymnastics.

Should you not have seen last week’s ESPY Awards, I recommend you go back and find it via television’s On Demand or other search engines. The presentation of the Arthur Ashe Courage Award to the 140 of the hundreds of

child athletes who suffered and have spoken out was gut wrenching and horrific.

As this large group of “sister survivors” made their way on stage to the Microsoft Theatre in Los Angeles, they were given a standing ovation by the nation’s top athletes, many of whom stopped clapping to wipe away their tears.

It was a powerful and emotional moment.

For years, for decades, these young athletes suffered at the hands of Dr. Larry Nassar, the Michigan State University and USA Gymnastics doctor. He is now imprisoned for life after these women had the courage to speak out after previous complaints to officials were ignored.

Olympic gold medalist Aly Raisman said the following during the presentation:

“Perhaps the greatest tragedy of this nightmare is that it could have been avoided. If just one adult had listened, believed and acted, the people standing before you on this stage would have never met him (Dr. Nassar).”

Also addressing the audience was Sarah Klein, a former gymnast, who said she was first abused by Nassar more than three decades ago.

“Speaking up and speaking out is not easy. Telling our stories of abuse over and over and over again in graphic detail is not easy. We’re sacrificing privacy and being judged and scrutinized, and it is painful, but it is time,” she said.

How this was allowed to occur despite repeated warnings is as much a disgrace as the sexual abuse inflicted by Nassar. He will never see the light of day outside of prison for the remainder of his life. But that will not ease the pain of these athletes for the remainder of their lives as well.

Near the end of the presentation, Raisman thanked Judge Elizabeth Aquilina, a Circuit Court judge in Michigan, who allowed dozens of women to confront Nassar in her court and tell their awful stories.

“Thank you, Judge Aquilina, for honoring our voices. For too long we were ignored. You helped us to rediscover the power we each possess. You may never meet the hundreds of children you saved, but know they exist,” Raisman said.

How worthy these brave women are of the Arthur Ashe Courage Award.

Mauer Sets Twins Record

Minnesota Twins first baseman Joe Mauer set a team record last week when he belted his 415th double surpassing Hall of Famer Kirby Puckett’s 414.

A three-time American League batting champion and six-time All Star, Mauer has averaged at least 20 doubles each season in his 15-year Major League career in all but one season since 2005.

He broke Puckett’s record through 6,695 at-bats while Puckett had 414 doubles in 7,244 at-bats.

Mauer is in his final year of an eight year contract so the big question remains whether this hometown hero will sign a new contract with the Twins, become a free agent or just retire after this season.*



image courtesy www.milb.com

Miracle To Hold Throwback Day

The Fort Myers Miracle will turn back time at the concession stand on Wednesday, August 1, when select food items and beverages will only be \$1.

The Miracle’s Throwback Day food promotions include Kayem hotdogs, popcorn buckets, fountain drinks and draft beers, all for just \$1 each.

“Ballpark food can get expensive, but we’ve been able to keep prices affordable for families at Hammond Stadium,” said Chris Peters, president and general manager of the Fort Myers Miracle.

“Throwback Day brings affordability to a whole new level, though, so we’re encouraging fans to arrive early and come hungry on August 1, and not to worry about downing two or three hotdogs that

night.”

The Miracle will be playing the Jupiter Hammerheads. Gates open at 6 p.m. for the 7 p.m. game. Tickets start at \$7.50 in advance or \$8.50 on gameday.

Upcoming promotions for the next homestand include:

Tuesday, July 31, 7 p.m.: Two-for-One Tuesday, Fan Takeover Night

Wednesday, August 1, 7 p.m.: Throwback Day, Winning Wednesday

Thursday, August 2, 7 p.m.: Thirsty Thursday, College Night, University of Miami Night

Friday, August 3, 7 p.m.: Fireworks Friday, Pregame Happy Hour, Independence Day Jersey Auction

Saturday, August 4, 6 p.m.: Bark in the Park, Miracle Backpack Giveaway, Back to School Festival

For more information about baseball tickets and promotions, call 768-4210 or visit www.miraclebaseball.com.*

SPORTS QUIZ

1. Baltimore’s Trey Mancini tied a record in 2016-17 by hitting eight home runs in his first 17 major-league games. Who else did it?
2. Pitchers Octavio Dotel and Edwin Jackson hold the major-league mark for playing for the most teams. How many?
3. The Pittsburgh Steelers selected four future Pro Football Hall of Fame players in the 1974 NFL Draft. Name three of them.
4. In 2017, Duke tied the record for most times being ranked No. 1 in The Associated Press men’s basketball preseason poll. Who else has held the ranking nine times?
5. The Nashville Predators set a franchise record in the 2017-18 season for most victories for a season (53). In what season was the previous record?
6. Who was the last American woman before Shalane Flanagan in 2017 to win the New York City Marathon?
7. The 2018 Masters featured the fourth consecutive golfer to win his first major at that event. Name three of the four.

ANSWERS

1. Toronto’s Carlos Delgado (1993-94) and Colorado’s Trevor Story (2016). 2. Each has pitched for 13 teams. 3. Lynn Swann, Jack Lambert, John Stallworth and Mike Webster. 4. North Carolina. 5. The Predators won 51 games in the 2006-07 season. 6. Mikki Gorman, in 1977. 7. Jordan Spieth, Danny Willett, Sergio Garcia and Patrick Reed.



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Doctors Team Up For Captains For Clean Water

Facial plastic surgeons Dr. Stephen Prendiville and Dr. James L. Newlon are teaming up with Assuage Luxury Spa to raise money to support Captains For Clean Water, a nonprofit organization dedicated to advocating for and protecting South Florida's water resources.

"We are disheartened to see the damage caused to our rivers and estuaries by the unnatural discharges from Lake Okeechobee. Our fish and seagrasses are dying, our shorelines are caked with green algae and our decaying water quality is impacting everyone," said Dr. Prendiville.

"The solution is to restore the natural flow of the water by purchasing land to treat and convey Lake Okeechobee water south. Funds to do this are already available through Amendment 1, but our legislature is slow to act to implement this long-term solution," said Dr. Newlon.

Both doctors are avid fishermen and supporters of Captains For Clean Water.

To help Captains For Clean Water convince the Florida Legislature to acquire land south of Lake Okeechobee, both physicians and the Assuage Luxury Spa will donate 10 percent of their income from injectables and filler sales to the nonprofit group for the entire month of August. The offer will be extended to Assuage Luxury Spa locations in both Fort Myers and Naples, where Prendiville serves as medical director.

The surgeons are issuing a challenge to other businesses to also dedicate a portion of their revenues during August to help Captains For Clean Water save our waters. Businesses that wish to join the challenge



Dr. James L. Newlon and Dr. Stephen Prendiville

photo provided

should visit www.captainsforcleanwater.org.

"We believe strongly that we must put pressure on our legislators and the Army Corps of Engineers to save the fisheries and coastal communities of south Florida. It starts with just a few of us stepping forward to say 'enough is enough,' and we ask others to join us in this fight to protect our waterways and ultimately, our way of life," said Dr. Prendiville.

The fundraiser will include all injectables and fillers offered by both physicians, including:

Revanesse Versa – a filler used to minimize or erase sagging, fine lines and deep wrinkles;

Juvederm Vollure – a long-lasting filler that is FDA-approved to soften moderate to severe lines around the nose and mouth with results lasting as long as 18 months;

Juvederm Voluma – the first filler approved to restore age-related volume in the cheeks;

Juvederm Volbella – an injectable for lip augmentation and correction of lines around the lips;

Sculptra – an FDA-approved injectable that helps gradually replace lost collagen – an underlying cause of facial aging – for results that can last more than two years; and

Other fillers, such as Radiesse, Restylane, Botox Cosmetic, Dysport and others.

For more information, visit www.drprendiville.com and www.docnewlon.com.

APEX Finalists At Networking Meeting

The Greater Fort Myers Chamber of Commerce Women in Business Committee (WIB) will host its August networking meeting in the Treehouse Lounge at Society on Wednesday, August 1 from 4 to 6 p.m.

Guests will have the opportunity to mix and mingle with the five APEX Award finalists of 2018 and be entered to win a free ticket to the 13th annual APEX Awards Gala on August 25. To win, the Women in Business committee has created a fun contest involving hashtags, social media and selfies.

The 2018 APEX finalists are: Susan Bennett, president of Susan Bennett Marketing and Media LC; Teri Hansen, president and creative director of Priority Marketing; Attorney Christina Schwin with Pavese Law Firm; Judy Williams, owner and CEO of Spada Salon & Day Spa; and Attorney Kelly L. Fayer of Kelly L. Fayer, PA.

The non-profit spotlight for the August event will highlight Our Mother's Home. All business professionals are invited to attend. Admission is \$10 for Greater Fort Myers Chamber of Commerce (GFMCC) members and \$20 for future GFMCC members.

Society is located at 13499 Bell Tower Drive in Fort Myers. To register, call 332-3624 or visit www.fortmyers.org.

FSW Grant Secured For Job Training

Florida SouthWestern State College (FSW), the state fiscal agent for Quick Response Training (QRT) grants, has secured a \$300,000 grant for Herc Rentals Inc.

"This grant provides the funding necessary to train up to 150 new hires for the company," said Dr. Robert R. Jones, vice president, economic development and external affairs, FSW. "That's more jobs for our Southwest Florida region."

Herc Holdings Inc., which operates through its Herc Rentals Inc. subsidiary, is one of the leading equipment rental suppliers with approximately 275 locations, principally in North America. Its corporate headquarters is located in Bonita Springs. The company has approximately 4,900 employees. Herc Holdings' 2017 total revenues were approximately \$1.75 billion. This is the second QRT awarded to Herc Rentals in the last two years.

FSW works closely with the State of Florida Economic Development Office. The college has been successful in securing \$2.6M in QRT funds to

train over 1,400 new hires since July 1, 2017. This funding not only directly benefits the companies receiving training funds, but also results in a local economic benefit through the multiplier effect. Since 2013, FSW has secured \$12M in QRT funding to train over 6,800 new hires.

The QRT grant lasts for one year and is targeted on the highly customized training programs that companies need to improve the transferable skill base of new hires. These programs can be instructed by FSW faculty and consultants or by specialists from the company itself.

For more information, contact Adrian Kerr, FSW's director of corporate training and services, at 432-5233 or adrian.kerr@fsw.edu.

College Graduates

Fort Myers natives Samantha Dellacroce and Mackenzie Roost recently graduated from the University of Alabama during spring 2018 commencement.

Both Dellacroce and Roost earned bachelor of science degrees in human environmental science.

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From left, Bob and Meg Geltner with Teri Hansen

photos provided

Love That Dress! River District Event Raises \$8,420 For PACE Center

PACE Center for Girls, Lee County recently raised \$8,420 during the Love That Dress! season finale ‘Glam! Bam! River District’ event on July 17. Hosted by Red Door Photography and Goodwill Industries of Southwest Florida in downtown Fort Myers, the event featured wine, tapas, prize drawings and special performances by Glam! Bam! Burlesque. More than 100 dresses were collected during the gathering to be sold at discounted prices during PACE’s 10th annual Love That Dress! event on August 22. All proceeds benefit PACE Lee County, which provides academic programs and counseling services to girls and young women ages 11 to 18. Sponsors of the ‘Glam! Bam! River District’ event included Legacy Wealth Management, Prima Luce, Target Roofing & Sheet Metal, Storia Marble & Granite, Honc Industries, Honc Docks & Lifts, Newton Supply, Wildcat Renovations, Bubba’s Catering, 96.9 WINK-FM and New Beginnings Events.*



Steve and Jodi Smith



Madison Franco and Leigh Franco



From left, Diana McAvoy, Sharon Thompson, Catherine Palmisano and Tara Wheeler



From left, Nancy McGovern, Marie Casagrande and Mark Blust



From left, Diana Willis, Gina Birch, Shelley Starner and Jennifer Pfenninger



From left, Natalie Honc, Dan Honc and Donna Honc



From left, Nancy Finch, Kathy Adams and Clara Petersen

Habitat Receives \$25,000 Check For Disaster Recovery

Renew Financial, the inventor of Property Assessed Clean Energy financing (PACE) and a trusted provider of financing for home improvements, recently donated \$25,000 to Habitat for Humanity of Lee and Hendry Counties. The donation, presented by Renew Financial Founder Cisco DeVries and Regional Director of Government Affairs Natalie Schneider, will support Habitat for Humanity's Disaster Recovery Program, the long-term solution to address damage caused by natural disasters in Lee and Hendry counties.

"Since our founding, Renew Financial has been dedicated to empowering homeowners to make their properties safe, efficient and comfortable. To that end, we're very proud to support the critical work that Habitat for Humanity does every day," said DeVries. "This donation, in addition to the home improvement financing option we offer through RenewPACE, will help to create a stronger, safer Florida."

Shortly after Hurricane Irma, Renew Financial led several efforts to help Florida homeowners recover from the storm. These investments in Florida's long-term recovery culminated in the recent check presentation to Habitat for Humanity in



From left, Renew Financial Founder Cisco DeVries, Habitat for Humanity Board Member Cheryl Glover, Fort Myers City Manager Saeed Kazemi, Habitat for Humanity of Lee and Hendry Counties President/CEO Kitty Green, Habitat for Humanity Board Member Tim Hawkins, Habitat for Humanity Chairman of the Board Mitch Hutchcraft and City of Cape Coral Housing Coordinator Amy Yearsley photo provided

honor of every Florida home strengthened in partnership with RenewPACE. Last month marked the start of a new hurricane season for Florida, underscoring the ongoing need for storm-proofing and other upgrades that make homes more secure and comfortable.

"Habitat for Humanity of Lee and Hendry Counties gratefully accepts Renew Financial's contribution," said Kitty Green,

president of Habitat for Humanity of Lee and Hendry Counties. "Thanks to donors like Renew Financial, we are able to help seniors and others with nowhere else to turn repair their homes so they can have a safe, decent place to live."

Fort Myers City Manager Saeed Kazemi and other community leaders attended the check presentation, which took place at the Fort Myers offices of

Habitat for Humanity of Lee and Hendry Counties.

"Fort Myers families will benefit greatly from the availability of PACE financing," said City Manager Kazemi. "Today's donation, made in honor of homes repaired since Hurricane Irma, enhances this benefit. With Habitat for Humanity and the availability of PACE for homeowners, Fort Myers and our surrounding region will be better prepared for future storms."

Renew Financial's PACE financing product, RenewPACE, has proved to be an effective option for homeowners needing to repair storm-damaged roofs or windows. RenewPACE is also a smart, proactive choice for homeowners seeking storm windows and roofs to better withstand future storms.

With RenewPACE, homeowners don't have to pay the full cost of their storm-hardening or efficiency improvements at the time of the project. Instead, homeowners pay back the cost of their improvements in installments on their property tax bill. RenewPACE provides fixed interest rates and terms of up to 25 years, which may result in lower monthly payments for homeowners. RenewPACE utilizes 100 percent private capital (not tax dollars) to finance eligible improvements.

In the course of upgrading more than 220,000 American homes, PACE financing has created more than 42,000 local jobs in the home improvement industry.✱

Services Offered For The Aging Population July 31

Any drastic life change can be difficult, no matter how old you are. Research shows that seniors, in particular, are faced with a number of life changes such as losing a spouse or close friends, their children moving away, not being able to prepare meals anymore or even not being able to drive.

Healthy aging means continually reinventing yourself as you pass through your landmark ages and finding new things to do to stay active (physically and mentally). It means learning to adapt to change, staying physically and socially active, and feeling connected to your community and loved ones. There are several programs and living options available to seniors in Southwest Florida to aid in the success of aging gracefully. Seniors can join Seniors Blue Book (SBB) University and a panel of area experts to explore topics ranging from senior care management programs, in home services, and retirement communities designed for the savvy and independent senior in mind.

On Tuesday, July 31, interested participants are encouraged to join SBB University and area experts for a free lunch and learn. Options and services that are available to our aging population will be explored to help empower with the resources and services available in Southwest Florida.

The Healthy Life Center is located

at 23190 Fashion Drive unit 105 in Estero. Event is free but RSVP is required. Call 495-4475 to reserve your seat today.✱

Meetings For Alzheimer's Caregivers

The Alvin A. Dubin Alzheimer's Resource Center will hold monthly support-group meetings in eight local communities for those caring for loved ones in various stages of Alzheimer's disease or related memory impairments. The meetings provide opportunities to connect with others who face similar challenges and to learn more about Alzheimer's disease and related dementias, effective coping strategies and community resources. Select meetings feature guest speakers as well as informal times for sharing.

"Making the decision to join a support group can be difficult for some people," said Dubin Center Executive Director Jan Kerlin. "While it may seem impossible to think about joining a group of strangers and sharing personal thoughts and struggles, participating in support group meetings is one of the best things caregivers can do for themselves and their loved ones."

"Support group members learn from one another, find they are not alone, and share successes in dealing with tough situations. They form friendships and strong support systems that become essential parts of their daily lives as caregivers," said Kerlin.

A qualified staff member of the Dubin Alzheimer's Resource Center attends each meeting to facilitate discussion and provide practical information for caregivers. Caregivers are invited to participate in the following monthly meetings, which are held at no charge:

In Fort Myers:

Second Tuesday at 2 p.m., Pine Ridge at Fort Myers, 4801 Lakeside Club Boulevard (Press the phone symbol and 777 at the gate)

Second and fourth Wednesday at 10 a.m., Saint Columbkille Catholic Church, Ministry Center Room 1, 12175 Iona Road

Fourth Tuesday at 10 a.m., Fort Myers Congregational Church, 8210 College Parkway

Fourth Tuesday at 1 p.m., Community Cooperative's Resource Center, 3429 Martin Luther King Jr. Boulevard. RSVPs are required; call 437-3007.

Third Wednesday at 10 a.m., Peace Lutheran Church, 15840 McGregor Boulevard. Respite care is available, and RSVPs are required; call 437-2599.

Fourth Tuesday at 2 p.m., Brookdale Fort Myers The Colony, 13565 American Colony Boulevard.

Third Thursday at 6:15 p.m., Alvin A. Dubin Alzheimer's Resource Center, 12468 Brantley Commons Court

In Cape Coral:
First and third Thursday at 2 p.m., Gulf Coast Village, 1333 Santa Barbara Boulevard.

Third Tuesday at 3 p.m., Grace Church, 13 SE 21st Place. Registration is required for respite care; call 823-4960 or 246-9816.

In Bonita Springs

Second Monday at 2 p.m., The

Terraces at Bonita Springs, 26455 South Tamiami Trail

Fourth Monday at 10:30 a.m., Hope Lutheran Church, 25999 Old 41

In North Fort Myers:

Fourth Thursday at 2 p.m., Pine Lakes Country Club, 10200 Pine Lakes Boulevard.

On Pine Island:

First Thursday at 10:30 a.m., Pine Island United Methodist, 5701 Pine Island Road, Bokeelia.

In Lehigh Acres:

Third Monday at 2 p.m., Lehigh Acres United Way House, 201 Plaza Drive, Suite 103.

On Sanibel Island:

Fourth Wednesday at 1:30 p.m., Sanibel Congregational United Church of Christ, 2050 Periwinkle Way.

In LaBelle:

First Wednesday at 1 p.m., Oakbrook of LaBelle, 250 Broward Avenue.

A support group for adults who are assisting or caring for their aging parents meets the first Tuesday at 6:15 p.m. at Alvin A. Dubin Alzheimer's Resource Center, 12468 Brantley Commons Court in Fort Myers.

In addition, the center offers support groups for those with early stage dementia who are dealing with memory loss, coping with changes and feelings, and adjusting to new situations. The center also offers a group for caregivers whose role is transitioning either due to facility placement or death of their loved one.

To learn about safety, community education and training programs or to subscribe to a quarterly newsletter, visit www.alzheimersswfl.org or call 437-3007.✱

dearRPharmacist

Stop Counting Carbs, Eat Kaempferol



by Suzy Cohen, RPh

Dear Readers: Sometimes a word annoys me, such as flavonoid and all the related words like it including bioflavonoid, bioflavones, flavonol, polyphenol, phytonutrient and,

oh my gosh, you can see how confusing it is to say all those. They all basically mean the same thing: antioxidant from a plant.

One amazing antioxidant, or flavonoid, or whatever you'd like to call it is kaempferol, pronounced "camp-fur-all." This is what you're eating when you bite into raspberries, apples, grapes or tomatoes. It's also found in spinach, potatoes, onions, kale, endive, lettuce, broccoli, Brussels sprouts, cucumbers, lettuce, green beans, peaches, blackberries, cranberries and green tea. One food with a lot of kaempferol is capers.

By now, you're wondering why I'm talking about kaempferol. I'm tired of everyone talking about carbs, proteins and fats. None of us want to count calories or evaluate ratios of carbs, proteins and fats! It's much easier to just eat food that is bright and colorful and full of life-giving nutrients such as kaempferol. My vote is to stop counting carbs, just eat kaempferol. It's a very promising and innocuous strategy to help with many disorders you're

suffering with:
Colon Cancer – There was a study in 2014 that proved some benefits from kaempferol in human colon cancer cells.
Food Poisoning – This is gross but let's face it, 50 million people worldwide get infected with *Entamoeba histolytica*. Transmission is pretty easy, it occurs by eating or drinking food or beverages contaminated with the organism, which comes from feces. Kaempferol (and quercetin) was shown to destroy the parasite.

Heart Disease – A study found that women who have high intakes of kaempferol might be less likely to die of a heart attack. It works in part by preventing the oxidation, as in "rusting" of low-density lipoproteins.

Breast Cancer – Breast cancer spreads with the assistance of some compounds in your own body called Matrix metalloproteinases, which we call MMPs for short. Kaempferol slows down cancer cell invasion into other cells (metastasis) by blocking MMPs, specifically MMP-9 expression. So eating foods rich in kaempferol would be a natural consideration for breast health.

Prostate Cancer – In *Biomedical Reports 2015*, we saw that kaempferol could block prostate cell growth to some degree. Kaempferol has many chemopreventative characteristics, both in vivo and in vitro. Epidemiological studies suggest the more kaempferol you consume, the lower your risk of developing cancer.

Alzheimer's Disease – Granted, it's a fruit fly study, but it still shows promise. The flies ate a diet rich in kaempferol for a month, and then they were evaluated for their ability to climb. You can guess the ones who consumed the diet highest in kaempferol had the best climbing ability, memory (however they figured that out) and acetylcholine levels.

If you'd like to increase kaempferol

in your diet, I've posted some recipes at my website including one for a kaempferol smoothie, and another for a kaempferol salad.

This information is not intended to

Doctor and Dietician

Successful Aging



by Ross Hauser, MD
and Marion Hauser, MS, RD

With advances in medicine and lifestyle, the majority of elderly adults are remaining active longer. Biologically, some things naturally decline, including our vision and our hearing, which may limit activities, like driving. But our ability to love and be loved doesn't decline, and our capacity for happiness remains full. With age comes maturity, and hopefully we become more patient, joyful and understanding versus bitter and unforgiving. Studies suggest that as people age, they tend to accentuate the positive. That's good news! What are some other ways to sustain successful aging?

Having a sense of purpose in life reduces the odds of suffering a stroke and decreases the risk of age-related dementia and disability. It is protective against multiple adverse

treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

health outcomes in older life, including a decline in physical function and disability.

Another predictor of successful aging is having an extended family network. Social connection strengthens our immune system, improves physical health and maintains psychological well-being. It is one of the main traits of folks who live a full and satisfying life into their 90s and 100s. We require human connection for better long-term physical, emotional and spiritual health.

Exercise your body and your mind. Memory loss is a common concern with aging. To stay sharp, continue to learn new things and challenge your mind. Physical activity also boosts brain function, so exercise not only keeps our bodies moving as we age, it keeps our minds functioning too. The benefits of exercise are endless. It reverses some of the bad effects of stress, increases growth factors and blood flow to the brain, provides an overall sense of well-being, prevents falls, improves balance and keeps us strong among other things.

As we age, our bodies will change, but we can do our best to proactively meet life's challenges to age well.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✱

Beautifulife:

Movement



by Kay Casperson

How many of you are on the go so much that you are having a hard time fitting in a trip to the gym or a so-called "real workout?" Well, I have some good news for you

because the things you do daily just might be adding to your fitness regime without you even knowing it.

The old 10,000-step rule might be occurring during your daily routine, and you have not even bought a fitness tracker yet. My daily routine consists of walking the dogs, pointing the kids in the right direction, getting the house in order, attending to my business all day, then planning dinner and the events of the evening. So, it is not always easy to fit in a workout routine. But I am not

worried about it, because during the day, I am constantly moving and doing things, so I don't even realize that I am working out and conditioning my body.

I know that many of you can relate to this, so the point is, that regardless of whether you are actually taking a workout class or just doing random things throughout the day, as long as you keep moving throughout your day, you are going to reap the benefits.

Now, let's talk about some simple things to incorporate into your daily routine to stay fit as time permits – especially for those of you that need to sit throughout the day either at a desk or while driving. Remember that taking a break from sitting and standing up or moving around is important regardless of what your responsibilities are.

1. Carve out some time for a walk before, during or after work to get your steps and movement in. Make this a priority as it could be the most essential time for you to spend caring for yourself.

2. Take time during the day or evening to find a space in your home where you can lay on a yoga mat or

carpet and start with stretching and elongating your muscles and then begin to address the different areas of your body to tone. I have a little set of weights that I use for doing arm exercises to keep my arms toned, and while I am working my arms, I am doing squats to work my legs at the same time. I also add in planks and sit-ups so I get some ab work in too for a few minutes.

3. Swimming is an exhilarating workout if you have the opportunity to get in a pool, but for all of you that live in a very seasonal area, that might be hard to find year-round. If you have the opportunity to swim, you will discover an excellent way to workout without really feeling the pain.

The Center for Disease Control and Prevention recommends 150 minutes a week of moderate exercise, which breaks down to 30 minutes a day for five days out of the week.

When you combine your daily movement and the extra steps you take to add a few simple firming and toning routines, you are well on your way to living a more balanced, beautiful and

healthy life without having to even think about it.

My favorite affirmation for movement is: "I am finding new ways to put movement into my day to stay more balanced, beautiful, healthy and fit."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.✱

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 9 a.m.

For more meeting information, visit www.southwestfla.org.

Sanibel Community Church is located at 1740 Periwinkle Way.✱

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Libby And Sam



Libby ID# A744089

Hello, my name is Libby. I am a 2-year-old female domestic shorthair who is a really pretty feminine cat that loves a bit of an adventure out in the free-roam room, but will also be purring and affectionate on your lap and in your bed at night. I seem to be fine with the other cats and will quickly adjust to any pets that you already have. My adventurous spirit will entertain you for hours. Stop by today to see if I will be the right addition to your family. My adoption fee is \$10.

Hi, I'm Sam. Beautiful and refined is the best way to describe me. As a 10-year-old male Chihuahua, I am entering my twilight years but am such a joy to have around, and still have lots of love to give. Like all dignified gentlemen, I take my time getting to know new people, but I'm gentle, calm and very tolerant of young children. I would love to retire with a new family who will take



Sam ID# A745035

me for walks and give me plenty of belly rubs. I was found at the Fort Myers Beach Fire Station possibly looking for my family. Could you maybe be the family I am looking for? My adoption fee is \$25.

Adoption fees have been reduced for the month of July. Adult dogs are \$30 to adopt; cats are \$10; and kittens are \$20. Cats and kittens are two-for-one; adopt one and you can take home a feline friend at no additional charge. The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee, a \$500 package. Volunteers and staff are waiting to introduce your new family member to you. Check the website to be sure pets are still available.

*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.lee.gov/animalservices or call 533-7387.**

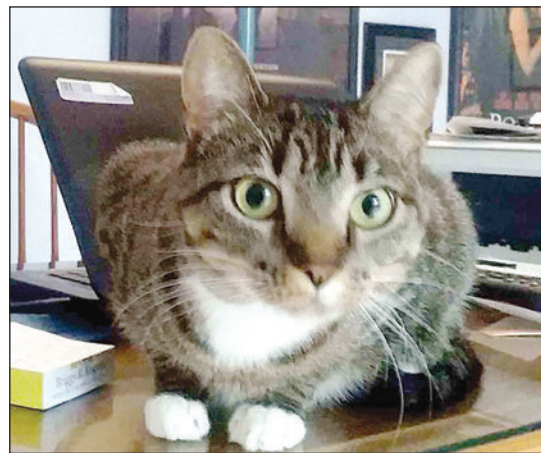
Haven on Earth Animal League

Paige And Lucy



Paige

Hello, I'm Paige. I am a beautiful, calico female kitty, not even 2 years old. I am very affectionate, and I even get along with friendly dogs. I have been fully vetted and brought up to date on all vaccines. I tested positive for FIV, but I'm told that I can still live a long, happy life once I find my forever home. I am currently staying with a foster mom and am not real crazy



Lucy

about the other cats in the house, so I would like to be an only cat. My adoption fee is \$75.

Hi, I'm Lucy. I am a beautiful, female tabby with white feet and bright green eyes. I'm 2 years young and currently living with a foster family. I'm not real crazy about other cats, so I need to be the only one in your house. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$100.

*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.**



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

ENTERING CONNECTICUT

- ACROSS

1

Greek letters after rhos

7

French country house

14

Classic game consoles

20

Vain type

21

Loud warning gizmo

22

With 71-Across, pre-talkies time

23

Valuable desert plants?

25

Graf of tennis

26

"Leave it in"

27

PC-to-PC hookup

28

Shuttle org.

30

Chalk out

31

Pine cousin

32

Test of one's holiness?

37

Most gross

41

Twistable cookie

42

Legal title

43

Dollar or euro divs.

44

Really bad-mouth a physician?
- 47

Good (at)
- 49

Tool in a wood shop
- 50

Walk- (tiny parts)
- 51

Iowa's tree
- 53

Slim, slithery fishes
- 56

Voting "no"
- 57

Really small
- 59

Tennis' Korda
- 61

Jet boat model
- 63

Rehearse with great enthusiasm in Britain?
- 67

Poker prize
- 70

401(k) cousins
- 71

See 22-Across
- 72

Itsy-bitsy bit
- 73

Suns' org.
- 74

Scandal over legal agreements in Tehran?
- 79

Tea varieties
- 80

Trial pledge
- 81

Huck's craft
- 82

Acclaim
- 86

Give out
- 87

James Bond, e.g.
- 88

Mom's skill, for short
- 89

Suit material

90

Far Eastern mercenary

93

Oil-anointing rite in old Russia?

98

Chillax

100

Without, in Paris

102

Bank holding

103

Ballet garb

104

Draw out feta or Brie?

107

"Uh-uh," rural-style

108

Elisabeth of "Molly"

109

Boxing wallop

110

Kit — bar

111

Re

115

Ones giving GIs orders

117

"That bee just ingested poisoned plant fluid!"?

123

Warming current

124

Hastened

125

Cornell's city

126

Abate

127

May's gem

128

Enthusiastic about

3

Ex-veep Al

4

Pol Romney

5

Bat wood

6

Fashionable

7

"Elf" actor James

8

Big name in fruit drinks

9

Actor Carney

10

Fri. preceder

11

Goddess of the dawn

12

Lack life

13

Not voiced

14

Evaluated

15

Little bird

16

First Hebrew letter

17

Outwardly shown by

18

Actually

19

Is lousy

24

— blanche

29

Surf and turf's "turf"

31

Big bash

32

Woody Allen's wife Previn

33

Curved lines

34

Post-taxes

35

Talk lovingly

36

F preceders

37

Mallorca, por ejemplo

38

Tribal bunch

39

Actor William or Nicky

40

"Gotcha," to a jazz cat

45

"Keep it up"

46

Pictorial paper part

48

Highest point

52

Excavation discovery

54

Lisa of pop music

55

Sammy of the diamond

57

Poi plants

58

Confident cry

59

Roost

60

Floride, par exemple

61

Tuned to, as a dial

62

Hollywood's Morales

64

Basmati, e.g.

65

Usher in

66

"The Tao of Pooh" author

67

Organ part

68

Provo's neighbor

69

Alternating

75

Curt denial

76

Light shafts

77

Dahl of film

78

Butler played by Gable

83

"Eri tu," e.g.

84

Monster-film lab assistant

85

— -lease

87

Christmas Eve visitor

88

Bonds

89

Garbage-hauling boat

91

Covert org.

92

"Bad" singer Michael

94

Bullring call

95

Contend

96

Lower arm bones

97

Clean freak

98

Artery, e.g.

99

Breathe out

101

Reaper's tool

105

Former TV host Philbin

106

Boring

110

NBA's Jason

111

Dull pain

112

Getz of jazz

113

Fiesta snack

114

Algerian city

116

Compass dir.

118

Before

119

Fumble

120

Vardalos of the screen

121

Playa — Rey

122

Summer, to Yves

King Crossword

- ACROSS

1

Throat clearer

5

Pinball boo-boo

9

Moment

12

Transcending (Pref.)

13

Distant

14

Weep

15

Key with a left-pointing arrow

17

Khan title

18

Them

19

Chef's garb

21

Smallest st.

22

Decorator's theme

24

Bankrolls

27

Party bowlful

28

Donated

31

Mess up

32

Illustrations

33

Spy novel org.

34

Boyfriend

36

Part of TGIF

37

Bartlett or Bosc

38

Grind the teeth

40

"Hello"

41

Soda shop item

43

Buck

47

401(k) alternative

48

Hearth

51

"What's up, —?"

52

Coffee shop array
- 53

The "I" in "The King and I"
- 54

Storm center
- 55

Plumbing problem
- 56

Clarinet insert

7

Fond du —, Wis.

8

Halloween candy

9

Capone's nickname

10

Therefore

11

Greenish-blue

16

Lanka prece-der

20

Glutton

22

Merriment

23

Makes up one's mind

24

Charlotte's creation

25

Exist

26

Hot-rodgers' contest

27

Raised platform

29

By way of

30

Listener

35

Italian article

37

Column

39

Horrible

40

Bound

41

Faction

42

Helen's place

43

Dilbert's place

44

Diane or Nathan

45

Dermatology subject

46

Peruse

49

Rage

50

Geneticist's letters

1	2	3	4	5	6		7	8	9	10	11	12	13		14	15	16	17	18	19
20							21								22					
23							24								25					
26					27							28		29			30			
				31				32	33	34	35					36				
37	38	39	40					41					42					43		
44							45					46		47			48			
49							50					51	52				53		54	55
56							57	58					59	60				61	62	
				63	64					65					66					
67	68	69		70					71				72					73		
74				75					76				77					78		
79																				
86							87											89		
			90		91	92			93	94	95				96	97				
98	99				100				101		102				103					
104				105											107					
108																				
115																				
123																				
126																				

MAGIC MAZE ● MANLY WORDS

Z	R	U	R	O	K	W	H	D	A	X	L	U	Q	N
K	H	E	E	M	B	A	Y	V	S	E	P	M	J	H
E	B	Y	G	A	N	T	Y	V	T	T	Q	O	L	I
N	G	D	R	N	B	C	Y	N	W	T	R	P	M	K
I	A	P	A	O	A	H	A	F	A	E	D	B	Y	W
U	S	M	O	R	T	M	Q	O	M	L	K	I	F	D
B	U	Z	E	S	E	A	Y	X	M	C	I	W	U	S
H	Q	O	N	R	T	N	D	A	L	A	J	N	H	F
D	C	A	I	Y	O	M	W	N	L	N	N	V	A	T
S	Q	F	P	N	L	F	A	K	A	A	I	G	H	M
F	E	C	B	R	E	G	A	N	A	M	R	O	O	D

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Doorman

Fireman

Foreman

Human
- Layman

Manacle

Manager

Mandatory
- Manger

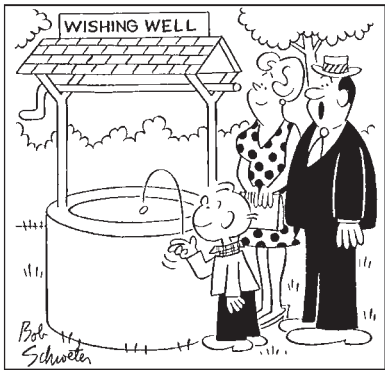
Mango

Manna

Manor
- Mantel

Postman

Watchman



"I hope you're wishing for something
we can _____."
answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Waver
REFLAT
Fierce
FRALE
Tired
WARDN
Fit
LOGBEN

TODAY'S WORD

3			2				1	
		6			8			4
	1			5		2		
	8				5		3	
7				9		1		
		2	4					9
	5			7		8		
		9	6					3
8					2		7	

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Jacket is missing. 2. Dog's ear is different. 3. Cap is reversed. 4. Clouds are missing. 5. Radio is missing. 6. Radio is reversed.



Rock Shrimp Coconut Curry With Mango-Papaya Salsa

- 1 teaspoon olive oil
- 1 tablespoon fresh ginger, peeled and chopped
- 1/2 cup onion, chopped
- 1 cup zucchini, julienned
- 1 cup yellow squash, julienned
- 1 cup unsweetened coconut milk
- 1/4 cup dry white wine
- 1 teaspoon turmeric
- 1/2 cup mango chutney
- 1 1/2 pounds rock shrimp, peeled
- 1/2 cup half and half
- 1/2 teaspoon Thai red curry paste
- 2 teaspoons parsley, chopped
- Sea salt to taste
- Fresh ground pepper to taste
- Heat olive oil in a heavy saucepan over medium-high heat. Add ginger, onion and julienned squash; sauté until

- soft. Stir in coconut milk, wine, turmeric and chutney; bring to a boil. Add shrimp and reduce heat to medium. Simmer sauce 5-6 minutes until shrimp are cooked through and sauce is slightly thickened. Stir in half and half, curry paste, parsley, salt and pepper. Heat through and serve with salsa.
- Mango Papaya Salsa**
- 1 cup ripe papaya, cut into 1/2-inch cubes
- 2 cups ripe mango, cut into 1/2-inch cubes
- 3 tablespoons cilantro, finely chopped
- 1 to 2 jalapeño peppers, seeded and minced
- 2 tablespoons fresh lime juice, or to taste
- 1 tablespoon light brown sugar, or more to taste
- Place all ingredients in a mixing bowl; chill. Toss together 5 minutes before ready to serve. Taste for seasoning, adding more lime juice and/or brown sugar as needed.
- Yield: 4 servings.✱



Rock Shrimp Coconut Curry With Mango-Papaya Salsa

photo courtesy Fresh From Florida



FRIDAY

Few Showers


High: 90 Low: 84



SATURDAY

Sunny

High: 91 Low: 85



SUNDAY

Cloudy

High: 93 Low: 83



MONDAY

Chance Showers

High: 90 Low: 84



TUESDAY

Few Showers


High: 92 Low: 82



WEDNESDAY

Mostly Cloudy

High: 90 Low: 84



THURSDAY

Mostly Cloudy

High: 91 Low: 85

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	3:19 am	6:15 am	1:01 pm	8:28 pm	Fri	2:24 am	6:17 am	12:06 pm	8:30 pm	Fri	2:30 am	7:38 am	1:21 pm	8:49 pm	Fri	5:29 am	9:31 am	3:11 pm	11:44 pm
Sat	3:38 am	6:54 am	1:37 pm	8:57 pm	Sat	2:43 am	6:56 am	12:42 pm	8:59 pm	Sat	3:18 am	8:25 am	2:01 pm	9:29 pm	Sat	5:48 am	10:10 am	3:47 pm	None
Sun	3:54 am	7:35 am	2:13 pm	9:25 pm	Sun	2:59 am	7:37 am	1:18 pm	9:27 pm	Sun	3:57 am	9:09 am	2:45 pm	10:03 pm	Sun	6:04 am	12:13 am	4:23 pm	10:51 am
Mon	4:11 am	8:19 am	2:52 pm	9:54 pm	Mon	3:16 am	8:21 am	1:57 pm	9:56 pm	Mon	4:29 am	9:48 am	3:34 pm	10:32 pm	Mon	6:21 am	12:41 am	5:02 pm	11:35 am
Tue	4:31 am	9:07 am	3:34 pm	10:24 pm	Tue	3:36 am	9:09 am	2:39 pm	10:26 pm	Tue	4:58 am	10:24 am	4:20 pm	10:59 pm	Tue	6:41 am	1:10 am	5:44 pm	12:23 pm
Wed	4:57 am	10:01 am	4:21 pm	10:55 pm	Wed	4:02 am	10:03 am	3:26 pm	10:57 pm	Wed	5:25 am	10:59 am	5:03 pm	11:23 pm	Wed	7:07 am	1:40 am	6:31 pm	1:17 pm
Thu	5:28 am	11:01 am	5:15 pm	11:29 pm	Thu	4:33 am	11:03 am	4:20 pm	11:31 pm	Thu	5:50 am	11:35 am	5:44 pm	11:46 pm	Thu	7:38 am	2:11 am	7:25 pm	2:17 pm

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PUZZLE ANSWERS

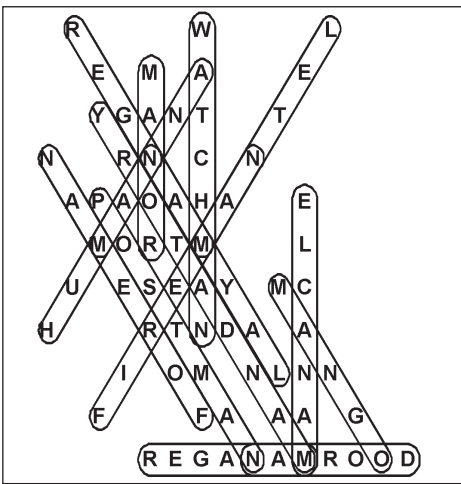
SUPER CROSSWORD

S	I	G	M	A	S		C	H	A	T	E	A	U		A	T	A	R	I	S			
E	G	O	I	S	T		A	I	R	H	O	R	N		S	I	L	E	N	T			
W	O	R	T	H	Y	C	A	C	T	U	S	E		S	T	E	F	F	I				
S	T	E	T		L	A	N					N	A	S	A		P	L	A	N			
				F	I	R		S	A	N	C	T	I	T	Y	C	H	E	C	K			
I	C	K	I	E	S	T		O	R	E	O		D	E	E	D		C	T	S			
S	L	A	M	T	H	E	D	O	C	T	O	R		A	D	E	P	T					
L	A	T	H	E			O	N	S			O	A	K		E	E	L	S				
A	N	T	I		T	I	N	Y		P	E	T	R		S	E	A	D	O	O			
				P	R	A	C	T	I	S	E	T	O	H	E	S	K	I	E	S			
P	O	T		I	R	A	S		E	R	A		I	O	T	A		N	B	A			
I	R	A	N		C	O	N	T	R	A	C	T	A	F	F	A	I	R					
P	E	K	O	E	S		O	A	T	H		R	A	F	T		H	A	I	L			
E	M	I	T		S	P	Y		T	L	C		S	E	R	G	E						
				N	I	N	J	A		S	O	V	I	E	T		U	N	C	T	I	O	N
V	E	G		S	A	N	S		L	I	E	N		L	E	O	T	A	R	D			
E	X	T	R	A	C	T	C	H	E	E	S	E		N	A	W							
S	H	U	E		K	A	Y	O					K	A	T		A	S	T	O			
S	A	R	G	E	S		T	H	E	E	N	D	I	S	N	E	C	T	A	R			
E	L	N	I	N	O		H	U	R	R	I	E	D		I	T	H	A	C	A			
L	E	S	S	E	N		E	M	E	R	A	L	D		K	E	E	N	O	N			

KING CROSSWORD

A	H	E	M		T	I	L	T		S	E	C								
M	E	T	A		A	F	A	R		C	R	Y								
B	A	C	K	S	P	A	C	E		A	G	A								
O	T	H	E	R	S					A	P	R	O	N						
				R	I			M	O	T	I	F								
W	A	D	S		D	I	P			G	A	V	E							
E	R	R			A	R	T			C	I	A								
B	E	A	U		I	T	S			P	E	A	R							
				G	N	A	S	H		H	I									
S	T	R	A	W						D	O	L	L	A	R					
I	R	A			F	I	R	E		P	L	A	C	E						
D	O	C			U	R	N	S			A	N	N	A						
E	Y	E			L	E	A	K			R	E	E	D						

MAGIC MAZE



SUDOKU

3	9	8	2	4	6	7	1	5
5	2	6	7	1	8	3	9	4
4	1	7	3	5	9	2	6	8
9	8	4	1	2	5	6	3	7
7	6	5	8	9	3	1	4	2
1	3	2	4	6	7	5	8	9
6	5	3	9	7	4	8	2	1
2	7	9	6	8	1	4	5	3
8	4	1	5	3	2	9	7	6

My Stars ★★★★★
FOR WEEK OF JULY 30, 2018

Aries (March 21 to April 19) With new facts to work with, you should feel more confident in moving ahead. But continue to do so at an unhurried pace so you can spot details you might otherwise miss.

Taurus (April 20 to May 20) Taking on that new workplace project could be one of your smarter career moves. Expect a surprising show of support from someone who had always been a critic.

Gemini (May 21 to June 20) You might feel you're too busy to undertake a new responsibility. But check it out before making any decisions. What you learn could persuade you to change your mind.

Cancer (June 21 to July 22) You feel quite content enjoying all the comforts of home right now. But the urge to travel grows stronger, and by week's end, you could begin packing your bags.

Leo (July 23 to August 22) A hectic period begins to ease up, but that doesn't mean the Fine Feline can do much catnapping these days. You need to finish those old tasks and prepare for new ones.

Virgo (August 23 to September 22) Expect to get some good news about your financial situation by week's end. But it could still be too early to rush out with a long shopping list of things to buy.

Libra (September 23 to October 22) Your management skills make an impression on some workplace VIPs who might be looking for someone like you to take on an upcoming project. Good luck.

Scorpio (October 23 to November 21) Meeting a former adversary might be unsettling at first. But time has softened hard feelings, and you could be on the brink of starting a new relationship.

Sagittarius (November 22 to December 21) A troubling situation close to home might cause you to change your travel plans. But getting all the facts before you act might cause you to reconsider.

Capricorn (December 22 to January 19) You might be quite alone right now in deciding to support a major workplace shift. But others will join you as new information supports your bold move.

Aquarius (January 20 to February 18) A former co-worker returns with news that could persuade you to reassess recently

made plans. Be sure to consult with a trusted colleague before you act.

Pisces (February 19 to March 20) Your motives behind a recent decision could be called into question by a rival. But once you present the facts, all doubts will be resolved. Enjoy an arts-rich weekend.

Born This Week: While you love being the center of attention, your generous heart allows you to share the attention with others.

THIS WEEK IN HISTORY

- On Aug. 1, 1498, Italian explorer Christopher Columbus sets foot on the South American mainland for the first time, at the Paria Peninsula in present-day Venezuela. Thinking it an island, he christened it Isla Santa and claimed it for Spain. Columbus, a deeply religious man, believed that Venezuela was the edge of the Garden of Eden.

- On Aug. 4, 1927, the Father of Country Music, Jimmie Rodgers, is recorded for the first time during the legendary Bristol Sessions. A talent scout had set up a makeshift recording studio in an empty warehouse in Bristol, Tennessee, and recorded numerous then-unknown acts during the 12-day marathon.

- On Aug. 2, 1943, future President John F. Kennedy is serving as commander of a torpedo boat in the Solomon Islands when his ship is rammed at night by a Japanese destroyer, cutting it in two. Kennedy's heroics led to the rescue of the survivors from an island six days later.

- On July 30, 1965, President Lyndon B. Johnson signs Medicare, a health insurance program for elderly Americans, into law. Former President Harry Truman was enrolled as the first beneficiary and received the first Medicare card.

- On Aug. 5, 1957, *American Bandstand* goes national on television, hosted by 26-year-old Dick Clark. He pushed hard for a 3:30 p.m. time slot, when teenagers were out of school and most likely to watch.

- On Aug. 3, 1988, Soviet authorities free Mathias Rust, the daring young West German pilot who landed a rented Cessna on Moscow's Red Square in 1987, from a labor camp as a goodwill gesture to the West.

- On July 31, 1990, Nolan Ryan wins

the 300th game of his career. A believer that pitching power, as well as consistency and endurance, comes from the legs, not the arms, Ryan ran every day.

STRANGE BUT TRUE

- You probably won't be surprised to learn that it was Albert Einstein who made the following sage observation: "A clever person solves a problem. A wise person avoids it."

- Ever wonder why blue jeans are blue? When they were first designed by Levi Strauss, the people most likely to wear them were those who did a great deal of manual labor. Strauss rightly assumed the work was likely to be dirty, so he dyed his new trousers indigo to help hide stains.

- Statistics on sporting events show that 17 of the 20 sporting events with the most attendees every year are NASCAR races.

- Before horror author Stephen King became famous for novels such as *Carrie*, *The Stand* and *The Shining*, he wrote four novels and 60 short stories that failed to be accepted for publication.

- Historians report that Napoleon Bonaparte, when he wasn't busy conquering, enjoyed ice skating.

- Do animals grieve their own? Perhaps so – at least, some animals.

- When an elephant dies, other elephants in the herd will cover the body with leaves and branches and often will stay with it for days.

- You may be surprised to learn that a Boeing 747 jet is longer from wingtip to wingtip than the distance of the Wright Brothers' first airplane flight.

- If you're enjoying summer picnics, you might want to keep in mind the fact that there are 1,500 known species of fleas and 9,500 known species of ants. Then again, that might be a factoid you'd rather forget.

THOUGHT FOR THE DAY

"Strike an average between what a woman thinks of her husband a month before she marries him and what she thinks of him a year afterward, and you will have the truth about him."
-- HLMencken

SCRAMBLERS

1. Falter; 2. Feral;
3. Drawn; 4. Belong

Today's Word
AFFORD

TRIVIA TEST

1. **U.S. Presidents:** Which U.S. president was the shortest?
2. **History:** What agreement provided for the dissolution of the former Soviet Union?
3. **Literature:** Which book in the Harry Potter series has a mythical creature in its title?
4. **Television:** Who played Thurston Howell III on *Gilligan's Island*?
5. **Food & Drink:** What is the method that involves cooking food in sealed bags, usually in water?
6. **Games:** What company introduced the "Hot Wheels" toys and games?
7. **Geography:** How many U.S. states border the Gulf of Mexico?
8. **Science:** What element makes up 47 percent of the Earth's crust?
9. **Art:** Which art movements was painter Max Ernst associated with?
10. **Animal Kingdom:** What is a group of kangaroos called?

TRIVIA ANSWERS

1. James Madison, 5 foot 4 2. The Belavezha Accords 3. Harry Potter and the Order of the Phoenix 4. Jim Backus 5. Sous-vide 6. Mitter 7. Five: Texas, Louisiana, Mississippi, Alabama and Florida 8. Oxygen 9. Dada and Surrealism 10. A troop or mob.

★ ★ ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★ ★ ★

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6/29 ★ 9/14

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7/27 ★ 8/10

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Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



SANIBEL BICYCLE CLUB

Shore Fishing: Don't Harm The Fish



by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish. Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as

you lift it out of the water – and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.



Conservancy of Southwest Florida supporter Henry Dinardo charges his Tesla while spending time at the Conservancy Nature Center photo provided

Conservancy Installs Electric Vehicle Stations

The Conservancy of Southwest Florida has announced its partnership with Tesla to introduce electric vehicle charging stations at the Conservancy Nature Center.

Offering six charging stations, four exclusively for Tesla vehicles and two for universal use, the charging service is available to the public at no cost. Drivers can access the stations during nature center hours, from 9:30 a.m. to 4:30 p.m. Monday through Saturday.

“The addition of the electric vehicle charging stations supports the use of environmentally friendly transportation within our community, aligning with our mission to protect the quality of life for generations to come,” said Rob Moher, president and CEO of the conservancy. “We are thrilled to introduce this new resource to the Naples area as part of our fundamental commitment to sustainability, and welcome drivers to enjoy the nature center’s many programs and amenities while charging their vehicles.”

The electric vehicle charging stations are located in the southwest portion of the conservancy campus, in parking Lot B. With equipment funded and installed by Tesla, the conservancy is now also listed on Tesla’s online charging destination map at www.tesla.com/destination-charging.

Conservancy Nature Center is located at 1495 Smith Preserve Way in Naples. For more information, visit www.conservancy.org.

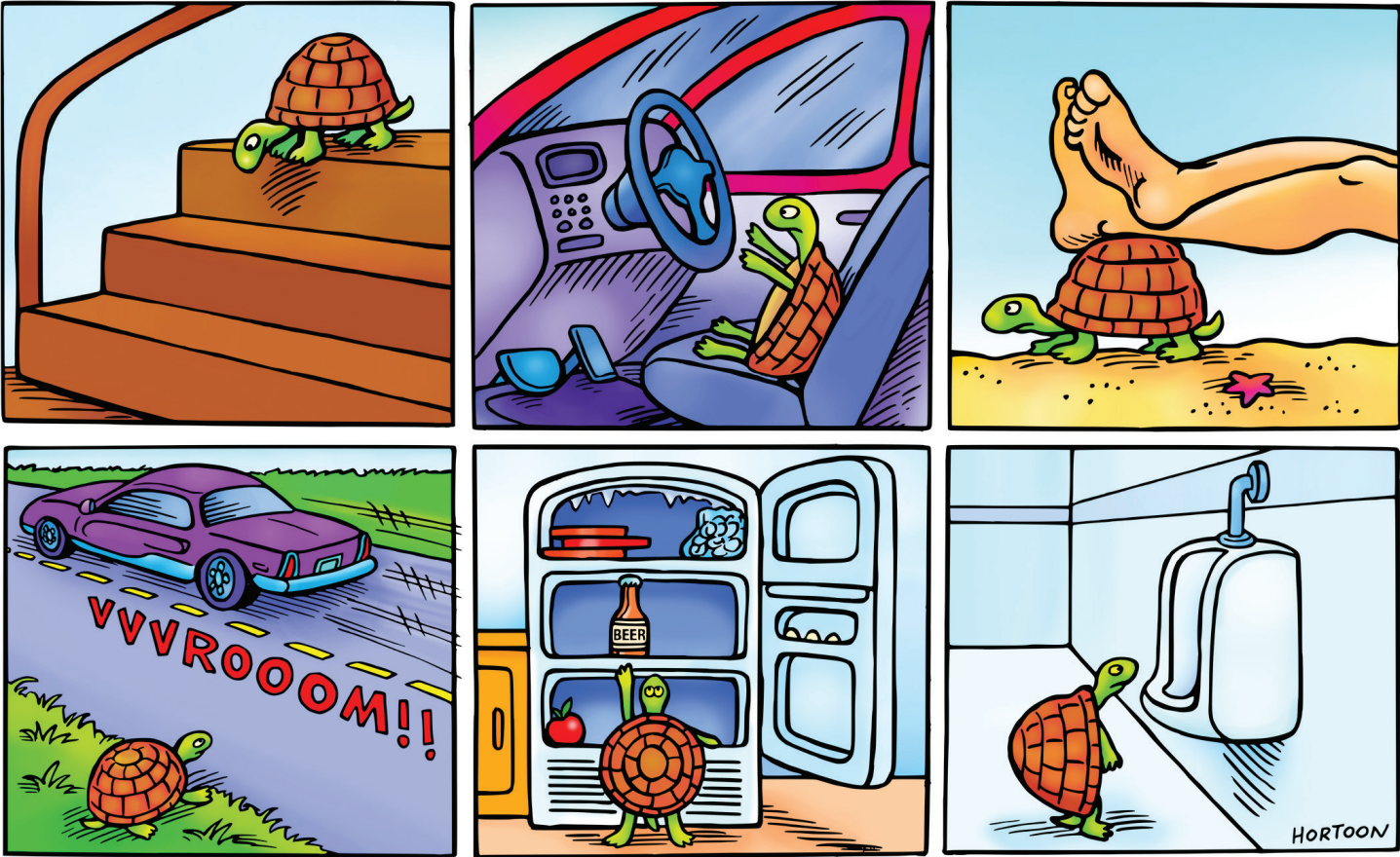
Big Backpack Event To Provide School Supplies

The largest back-to-school outreach program in Lee County is back for its 19th year on Sunday, July 29 from 10 a.m. to 2 p.m. North Fort Myers High School will serve as the new venue for the free Big Backpack Event, where thousands of kids will receive free backpacks and school supplies in a celebration of community diversity.

Supplies come from community members and business sponsors who donate through the Adopt-A-Student fundraising program before the event. Each \$10 donation provides a student with a new backpack, notebook paper, folders, crayons, glue, pencils and pens. The Multicultural Centre of Southwest Florida hosts the popular community outreach that has provided new backpacks and school supplies to more than 35,000 students over the years. The event lends a helping hand to students and families in need while shining a light on diversity within Southwest Florida with live entertainment that borrows from cultures around the world. “I’m grateful we can empower so many children to start the school year off right with the tools they need for success,” said Leonardo Garcia, executive director

of the Multicultural Centre of Southwest Florida. “Our committee, sponsors, vendors and volunteers show tremendous commitment each year to generosity and building greater cultural understanding.” Supplies will be available to the first 2,000 children ages 5 to 12 who come to the event accompanied by a parent or guardian. The line typically begins to form as early as 7 a.m., but it moves quickly once the doors open. Thanks to vendors, students will also receive free back-to-school eye exams, haircuts and other giveaways, while supplies last. North Fort Myers High School is located at 5000 Orange Grove Boulevard in North Fort Myers. For more information on Adopt-A-Student, vendor, volunteer or business sponsorship opportunities, visit www.multicultural-centre.org or email info@multicultural-centre.org.

HORTOONS TURTLE PROBLEMS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Cape Coral	Cape Coral	2013	3,943	\$1,895,000	\$1,750,000	47
Town And River	Fort Myers	2017	2,871	\$1,299,000	\$1,200,000	80
Edgewater	Fort Myers	1996	4,765	\$1,260,000	\$1,050,000	454
Cape Coral	Cape Coral	2006	3,826	\$1,249,000	\$1,200,000	127
Gulf Acres	North Fort Myers	1987	5,185	\$1,224,900	\$1,050,000	83
Cape Coral	Cape Coral	1989	3,951	\$1,199,900	\$1,134,000	145
Pine Island	Bokeelia	2007	7,379	\$1,075,000	\$950,000	270
The Enclave	Fort Myers	2004	4,381	\$1,020,000	\$920,000	40
Seagull Estates	Sanibel	1987	2,772	\$898,000	\$825,000	49
Bellezza	Bonita Springs	2006	2,719	\$829,900	\$805,000	37

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